

Alfred Hope provides community support for patients with suicidal experiences

Alfred Hope can offer individuals experiencing suicidal thoughts, planning and/or intent support by a multidisciplinary team

Hope provide assertive and coordinated care to help clients address the gaps in their lives to reduce suicidal risk using a therapeutic and psychosocial approach

Hope

Level 4, 549 St Kilda Rd
Melbourne Victoria 3004
W alfred.org.au

For referrals and after hours:
Psychiatric Triage 24/7
T 1300 363 746

We provide engagement for 3 months including:

- Support delivered by consistent staff: Psychosocial Support Workers, Lived Experience Workers and Mental Health Clinicians
- Medical reviews by a psychiatrist
- Collaboration with existing practitioners
- Brief therapeutic interventions to increase resilience and skills to cope with future crises
- Family therapy
- Active support in the client's own environment to help in practical ways
- Collaborative approach to safety planning

Referral Pathway:

- Referrals for 26yo+ received via Psychiatric Triage 1300 363 746
- A Hope clinician will contact you within 24hrs and arrange an assessment
- Contact with the client will occur within 48 hours

If there are identified risks that require a more intensive intervention at the time of referral, Triage will arrange follow up by the Crisis Assessment & Treatment Team (CATT) prior to commencing with Hope.