

☐ Alfred ☐ Sandringham ☐ Caulfield

## REFERRAL TO HYPERBARIC SERVICE (OUTPATIENT)

Family Name*	Given Name*	Date of Birth*
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\*mandatory fields

- Has this referral been discussed with the Hyperbaric Registrar? The Alfred 9076 2000 ☐ Yes ☐ No
- If yes, Registrar name \_\_\_\_\_
- Emergency conditions **MUST** be discussed with the Hyperbaric Registrar
  - acute decompression illness; cerebral arterial gas embolism; necrotising soft tissue infections; acute ischaemia; acute retinal artery occlusion
- Note:** The Alfred Hyperbaric Service does not perform routine fitness to dive assessments

Enquiries: Hyperbaric Service - T 9076 2269 F 9076 3052 E [gahyperbaric@alfred.org.au](mailto:gahyperbaric@alfred.org.au)

Address: Level 1 Hyperbaric Unit, The Alfred, 55 Commercial Road, Melbourne, VIC, 3004

Your patient will be contacted with appointment details

### Patient Portal

The Patient Portal enables patients to easily access their Alfred Health appointment and health information online. Patients are encouraged to register, once they have received a Medical Record Number.

### Patient Details

Sex	<input type="checkbox"/> Female <input type="checkbox"/> Male <input type="checkbox"/> Other	Telephone	
Address			
Email		Medicare No	Ref
<input type="checkbox"/> Private <input type="checkbox"/> Pensioner <input type="checkbox"/> TAC <input type="checkbox"/> WorkCover <input type="checkbox"/> DVA <input type="checkbox"/> Other			
Interpreter	<input type="checkbox"/> Yes <input type="checkbox"/> No	Language	
Aboriginal or Torres Strait Islander			
Cultural considerations / special needs			
Contact Person	Name		
	Relationship	Telephone	

### Reason for referral / health issues to be addressed

- |   |  |
|---|--|
| <input type="checkbox"/> radiation cystitis                       | <input type="checkbox"/> diabetic / ischaemic wounds                 |
| <input type="checkbox"/> radiation proctitis                      | <input type="checkbox"/> chronic non-healing / infected wounds       |
| <input type="checkbox"/> radiation soft tissue injuries           | <input type="checkbox"/> osteomyelitis                               |
| <input type="checkbox"/> surgery in a previously irradiated field | <input type="checkbox"/> acute idiopathic sensorineural hearing loss |
| <input type="checkbox"/> osteoradionecrosis                       | <input type="checkbox"/> second opinion fitness to dive assessment   |
| <input type="checkbox"/> other                                    |  |

### Patient's history and progress on above issue/s (additional history required on page 2)

### Medications

List or attach details

### Allergies

- ☐
- Yes, list
- 
- ☐
- Nil known

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### Medical history, including implanted devices (drug delivery, pacemaker)

### Hyperbaric history

Previous hyperbaric treatment	<input type="checkbox"/> Yes	When?
History of asthma / COPD	<input type="checkbox"/> Yes	Attach lung function tests, <i>if available</i>
History of heart failure	<input type="checkbox"/> Yes	Attach echocardiogram results
History of epilepsy	<input type="checkbox"/> Yes	Last seizure date?
History of active malignancy	<input type="checkbox"/> Yes	Details
History of claustrophobia	<input type="checkbox"/> Yes	Details
Comments		

### Social history – ambulatory status; self-caring; ability to attend treatment (daily up to 8 weeks)

### Investigation results – (attach results and details as per list on page 3)

Referrer Details		Date of Referral		Provider No	
Name		Address			
Telephone		Fax			
Email		Copies to			

Return referral to Fax 9076 3052

E [gahyperbaric@alfred.org.au](mailto:gahyperbaric@alfred.org.au)

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## REFERRAL TO HYPERBARIC SERVICE (OUTPATIENT)

### HYPERBARIC SERVICE – referral requirements

Condition	Investigations/Details to include
Radiation Injuries	<ol style="list-style-type: none"> <li>1. Date of radiotherapy</li> <li>2. Type of concurrent chemotherapy agent, current surgical plan</li> <li>3. Expected operation date</li> <li>4. Diagnosis of osteoradionecrosis</li> </ol>
Radiation Cystitis/ Proctitis	<ol style="list-style-type: none"> <li>1. Date of radiotherapy,</li> <li>2. Type of chemotherapy agent</li> <li>3. Surgical management to date</li> <li>4. Future surgical plan</li> <li>5. Transfusion dependence or episodes of clot retention</li> <li>6. Cystoscopy/Colonoscopy Reports</li> </ol>
Wounds	<ol style="list-style-type: none"> <li>1. Details on chronicity</li> <li>2. Failed treatments</li> <li>3. Current dressing regimen &amp; wound clinician lead</li> <li>4. Antibiotics therapy if relevant</li> <li>5. Diabetic status</li> <li>6. Previous evidence of patent vasculature e.g. angiogram report</li> </ol>
Osteomyelitis / Non-union fractures	<ol style="list-style-type: none"> <li>1. Microbiology findings</li> <li>2. Imaging reports</li> <li>3. Photographs if relevant</li> <li>4. Chronicity</li> <li>5. Surgical plans</li> </ol>
Idiopathic sudden sensorineural hearing loss	<ol style="list-style-type: none"> <li>1. Date of onset</li> <li>2. Audiometry report</li> <li>3. Presence of grommets</li> <li>4. Concurrent treatments e.g. steroids</li> </ol>

## HYPERBARIC SERVICE

### What does it entail?

Commitment for daily treatments of Monday to Friday for typically six to eight weeks.

Treatment involves breathing 100% oxygen via a breathing hood or mask in a specialised high pressure chamber where the surrounding pressure is increased by up to three times.

### How long does each treatment take?

Actual treatment is 2 hours a day with allowances for attire changes and preparation. Actual time in the unit is usually from 0730-1030 or 1030-1330 (excluding transport time).

### Are there options for accommodation near The Alfred?

We can explore options for accommodation in neighbouring suburbs with varying levels of subsidy depending on your residential situation

### Does smoking affect my healing?

Yes it does. We strongly recommend smoking cessation or at least reduction prior to commencing treatment. In some cases, smoking cessation is a requirement to starting treatment.

### What are the side effects?

Common side effects include potential damage to the ear drum due to pressurisation, reversible short-sightedness and rarely, seizures related to oxygen toxicity. We can discuss this further during the initial assessment for hyperbaric oxygen treatment.