

**ABI COMMUNITY REHABILITATION**  
*NDIS Videofluoroscopy Swallow Study (VFSS) Referral*

**REFERRAL DETAILS:**

**Date of Referral:** \_\_\_\_\_ **Referring organisation/clinician:** \_\_\_\_\_

**Address:** \_\_\_\_\_

**Relationship to client:** \_\_\_\_\_ **Telephone:** \_\_\_\_\_ **Email:** \_\_\_\_\_

**Consent for referral:** I consent to VFSS and sharing results with GP and primary treating SP

☐ Yes    ☐ No

**Name:** \_\_\_\_\_ **Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

**CLIENT DETAILS:**

**Family Name:** \_\_\_\_\_ **First/Preferred name:** \_\_\_\_\_

**D.O.B:** \_\_\_\_\_ **Sex:** \_\_\_\_\_

**Address:** \_\_\_\_\_ **Postcode:** \_\_\_\_\_

**Telephone:** \_\_\_\_\_ **Email:** \_\_\_\_\_

**Medicare Number:** \_\_\_\_\_ **Ref:** \_\_\_\_\_ **Expiry:** \_\_\_\_\_

**NDIS Number:** \_\_\_\_\_

**NDIS Support Coordinator:** \_\_\_\_\_

**NDIS Plan Dates:** \_\_\_\_\_

**Plan Manager:** \_\_\_\_\_ **Email:** \_\_\_\_\_

**Plan Nominee details (if applicable):** \_\_\_\_\_

**Client has 5 hours of speech pathology funding available this current quarter for VFSS?**

☐ Yes    ☐ No

**Primary contact/ NOK:** \_\_\_\_\_

**Name:** \_\_\_\_\_ **Relationship:** \_\_\_\_\_ **Telephone:** \_\_\_\_\_

**Interpreter required**    ☐ Yes    ☐ No    **Language:** \_\_\_\_\_

**Aboriginal or Torres Strait Islander:** \_\_\_\_\_

## ACQUIRED BRAIN INJURY & RELEVANT MEDICAL INFORMATION

Primary diagnoses and date of injury:

---



---

### Reason for referral:

- ☐ Concerns regarding safety of current fluids/diet
- ☐ Education to support follow through of recommendations
- ☐ Texture progression ☐ Clinician needing further support for intervention planning
- ☐ Frequent choking / coughing / gagging during meals
- ☐ Frequent coughing / wet voice / watery eyes with fluids
- ☐ Chronic respiratory problems including chest infections/ pneumonia
- ☐ Trouble handling saliva
- ☐ Comfort / risk feeding ☐ Other:

Previous VFSS conducted? ☐ No ☐ Yes Location completed: \_\_\_\_\_

Please attach VFSS report if conducted outside Alfred Health.

### Respiratory History (i.e. number of chest infections, lower respiratory tract, hospital admissions):

- ☐ No concerns ☐ History of chest issues, but none in last 6 months
- ☐ > 3 chest infections in past 12 months ☐ Respiratory condition diagnosed:
- ☐ Hospitalisations with aspiration pneumonia, dates: \_\_\_\_\_

### Risk of malnutrition/dehydration?

MUST score if known

- ☐ None ☐ Reduced fluid intake +/- constipation ☐ Weight loss
  - ☐ Sudden changes / presenting with signs of dehydration or significantly reduced intake\*
- \* please liaise with GP re: urgent medical attention if required*

### Physical ability/positioning:

- ☐ Walking ☐ Independent with transfers ☐ Non ambulating

### Communication & Participation:

- Expressive:** ☐ Requires support/AAC to communicate ☐ Using words to communicate
- Receptive language:** ☐ Requires visuals supports ☐ Follows simple instructions ☐ Functional comprehension

Other comments (e.g. behaviour concerns):

Cultural or religion food preferences and/or Allergies: \_\_\_\_\_

### SUMMARY OF EATING AND DRINKING ABILITIES:

**Feeding ability:** ☐ Independent ☐ Requires assistance ☐ Fully dependent on feeder

**Co-operation/interest:** ☒ Always refuses ☐ Often refuses ☐ Rarely refuses

**Seating:** ☐ No concerns ☐ Specialised seating ☐ Requires head support with seating

**Saliva management:** ☐ Nil concerns ☐ Drooling (please circle) - Mild, Moderate, Severe  
☐ Poor secretion management (e.g. coughing on saliva at night, requires suctioning)

**Oromotor examination:** \_\_\_\_\_

**Method of feeding:** ☐ Oral ☐ Oral + enteral (NGT / PEG) ☐ Enteral with minimal oral intake /NBM

**Fluids:** ☐ Thin fluids, no concerns ☐ Coughing with thin fluids, have not trialled thickened fluids  
☐ Thickened fluids, no signs of aspiration IDDSI: 1 2 3  
☐ Thickened fluids, overt signs of aspiration IDDSI: 1 2 3

Overt clinical signs of aspiration with fluids?

☐ None ☐ Occasional coughing < 1 daily ☐ Frequent coughing > 2 – 4 times daily ☐ Wet voice

**Diet:** ☐ IDDS 4- smooth puree ☐ IDDSI 5- minced & moist ☐ IDDSI 6- soft & bited sized  
☐ IDDSI 7 easy to chew ☐ IDDSI 7 regular diet

Concerns regarding tolerance of diet?

☐ None ☐ noisy breathing with solids ☐ Wet voice ☐ Slow oral transit  
☐ Occasional coughing/choking < 1 daily ☐ Frequent coughing/choking > 2 – 4 times daily

**Mealtime duration:** ☐ Mealtimes <30 minutes ☐ Mealtimes 30-60minutes ☐ Fatigue during mealtimes

**Other relevant information /comments:**

**Requested fluids, food & strategies to assess in VFSS:**

| Fluid | Food | Strategies | Equipment |
|-------|------|------------|-----------|
|       |      |            |           |

**Speech Pathologist:** \_\_\_\_\_ **Organisation:** \_\_\_\_\_

**Contact information (phone number, fax, email):** \_\_\_\_\_

**Copies of the VFSS report to be sent to:** \_\_\_\_\_

**Medical referral attached:** ☐ Yes ☐ No

*If not, please obtain written medical referral to support VFSS referral*

**NDIS Mealtime Assessment attached:** ☐ Yes ☐ No

Please return completed referral forms via e-mail:  
[abicomunity&tls@alfred.org.au](mailto:abicomunity&tls@alfred.org.au) | Subject “ATTN: VFSS Referral”