

Introducing your Home Care Packages team



Lisa, Acting Team Leader / Case Manager / OT

Lisa has been an Occupational Therapist for over 30 years, and has also, a masters degree in health services management. She has worked at Alfred Health for over 20 years, in senior Occupational Therapy roles in aged care. Prior to this, Lisa worked in Queensland, the UK and other Melbourne health services. Lisa has now been working in the Home care Package team for three years, and loves working with all of her clients & their families & carers to support people to stay at home. She is committed to providing quality, individualised care.

Serena, Administration Officer

Serena has worked with Alfred Health Home Care Packages team since December 2017. Prior to working with Alfred Health Serena was an office manager for a tax accounting firm where she had worked as a tax consultant for ten years. Before taking some time out to raise two children Serena was a logistics supervisor in the motor vehicle industry. In those days she travelled a lot for work and loved her Qantas frequent flyer points! Having come from a more financial background working in Home Care Packages has been a rewarding change where no two days are ever the same.



Jan, Assistant Case Manager / Allied Health Assistant

Jan has worked with the team since September 2017, having previously worked for three years as an AHA in the Caulfield Hospital Occupational Therapy team. Jan moved to Australia from the UK in 2012, where she had worked as a registered nurse on medical/surgical and oncology wards. Prior to this she had worked in finance, before undergoing a career change. Jan has no doubts moving into healthcare was the right choice and feels privileged to now be able to assist clients to remain safe and supported in their own homes, avoiding the need for permanent care where possible.

Adina, Case Manager / Social Worker

Adina is a qualified Social Worker with over 25 years experience working in aged care and disability services. She has worked in a variety of community settings and both public and private hospitals. For the past two years Adina has worked with the Home Care Package team and loves the dedication everyone has for their clients. Adina really enjoys getting to know her clients, their families and carers and is committed to supporting clients to continue to live independently at home. She is passionate about guiding and empowering people to maximise their own health and well-being.





Rebecca, Case Manager / Occupational Therapist

Rebecca is trained as an occupational therapist. She has worked in public hospital throughout Melbourne including Royal Melbourne Hospital and Monash Health. She has worked in acute, in patient rehabilitation and outpatient departments. She is passionate about working with people to help them to achieve their goals and stay at home for as long as possible.

Kirstie, Case Manager / Physiotherapist

Following two years working as a physio in multiple Residential Aged Care Facilities, Kirstie joined the Alfred Home Care Package Team, with a strong motivation to keep older people in their home for as long as possible. Now having worked with the team for four years she loves seeing the benefits of maximizing people's independence, with the right level of support at home. In the past Kirstie has worked in multiple roles in the Public and Private Health systems – in Health Promotion, Occupational Rehabilitation and as a physio in Acute, Rehab, Community and Private Practices.



Claire, Case Manager / Occupational Therapist

Claire is new to the team, and brings with her significant experience working in both acute and rehabilitation hospitals (Royal Melbourne, The Alfred, Sandringham & Caulfield Hospitals) and in the community as an occupational therapist. She has a passion to work with people to achieve their best lives and independence.



Rachelle & Sharon, admin support

Rachelle and Sharon have each worked with Alfred Health for over 5 years and have recently begun to assist the Home Care Package team and their clients. They are superstars at keeping on top of all of our invoicing, helping with phone calls and always love to receive feedback on how your Home Care Package is going and ways we can improve things for our clients.

