

Introducing your Home Care Packages team...



Lisa, Team Leader / Occupational Therapist

Lisa has been an Occupational Therapist for over 30 years, and has also, a masters degree in health services management. She has worked at Alfred Health for over 20 years, in senior Occupational Therapy roles in aged care. Prior to this, Lisa worked in Queensland, the UK and other Melbourne health services. Lisa has now been working in the Home care Package team since 2017, and loves working with all of the clients and their families and carers to support people to stay at home. She is committed to providing quality, individualised care.

Serena, Business & Finance Officer

Serena has worked with Alfred Health Home Care Packages team since December 2017. Prior to working with Alfred Health Serena was an office manager for a tax accounting firm where she had worked as a tax consultant for ten years. Before taking some time out to raise two children Serena was a logistics supervisor in the motor vehicle industry. In those days she travelled a lot for work and loved her Qantas frequent flyer points! Having come from a more financial background working in Home Care Packages has been a rewarding change where no two days are ever the same.



Jan, Case Manager Assistant

Jan has worked with the team since September 2017, having previously worked for three years as an AHA in the Caulfield Hospital Occupational Therapy team. Jan moved to Australia from the UK in 2012, where she had worked as a registered nurse on medical/surgical and oncology wards. Prior to this she had worked in finance, before undergoing a career change. Jan has no doubts moving into healthcare was the right choice and feels privileged to now be able to assist clients to remain safe and supported in their own homes, avoiding the need for permanent care where possible.

Sharon, Client Services Officer

Sharon has worked with Alfred Health at Caulfield Community Health for over 30 years and started work in the Home Care Package team in 2021. Sharon enjoys greeting all callers on the phone and assisting our clients with any queries about their care shifts. She has developed a good working relationship with our service providers which enables your queries to be answered as in a timely manner.





Adina, Case Manager / Social Worker

Adina is a qualified Social Worker with over 25 years experience working in aged care and disability services. She has worked in a variety of community settings and both public and private hospitals. Adina has worked with the Home Care Package team since 2017 and loves the dedication everyone has for their clients. Adina really enjoys getting to know her clients, their families and carers and is committed to supporting clients to continue to live independently at home. She is passionate about guiding and empowering people to maximise their own health and well-being.

Kirstie, Case Manager / Physiotherapist

Following two years working as a physio in multiple Residential Aged Care Facilities, Kirstie joined the Alfred Home Care Package Team in 2016, with a strong motivation to keep older people in their home for as long as possible. Now having worked with the team for many years she loves seeing the benefits of maximizing people's independence, with the right level of support at home. In the past Kirstie has worked in multiple roles in the Public and Private Health systems – in Health Promotion, Occupational Rehabilitation and as a physio in Acute, Rehab, Community and Private Practices.



Elsa, Case Manager / Dietitian

Elsa is an Accredited Practising Dietitian and in the past has worked in the acute and community settings. Prior to working at Alfred Health, Elsa has been working in Home Care packages as a Case Manager for several years.

Elsa has a passion for working in this space, as she enjoys building relationships with clients and supporting them to meet their goals. Outside of work enjoys travelling, spending time outdoors and cooking.



Jennifer, Case Manager/ Registered Nurse

Before starting in Home care Packages in 2022, Jennifer worked in a Caulfield hospital aged care ward for over 10 years as a registered nurse. Prior to that, Jennifer also worked as a registered nurse in China for multiple years. Recently she has started studying counselling and coaching. During these multiple years of Jennifer's career, her love of helping others has only grown as she develops her skills. Hard work and determination are some of her strongest beliefs and she will work hard to improve to quality of her clients' health. She believes that when she helps a client to her full potential, the best reward is to see their troubles be resolved with a happy and satisfied client.

