

The Alfred Pain Symposium

Agendas surrounding the Management of Chronic pain in the community

Conducted by:

Department of Anaesthesia and Perioperative Medicine, Alfred Hospital, Melbourne, Australia

phn
SOUTH EASTERN
MELBOURNE

An Australian Government Initiative



Learning Objectives:

- Identify behaviours that may exacerbate and perpetuate pain and have an effective plan for management.
- Illustrate an understanding that facilitates skillful and safe management of opioid therapy.
- Effectively plan and execute multidisciplinary management for a patient with complex biopsychosocial pain.
- Illustrate an understanding of new analgesic and nonanalgesic agents, so as to appreciate their role in providing multimodal analgesia.
- Differentiate causes for pain syndromes such as headache and back pain to allow better formulation of therapy.

Topics include:

- Multidisciplinary management of back pain.
- Weaning patients off complex multimodal analgesics.
- Managing opioids in the community.
- The epidemic of prescription of prescription opioid use.
- An approach to headaches, non-opioid analgesics.
- Making use of pain measurement tools.
- Pain from a psychiatric perspective.

Format:

- Lectures
- Interactive Case based Clinical Discussions with the aim to stimulate GP audience input

Professional Development:

40 Category 1 CPD points have been approved for this event by the RACGP.

Presenters:

A/Prof Carolyn Arnold
Dr. David Lindholm
Dr. Evan Symons
Dr. Kerry McLaughlin
Dr. Alex Kontantatos
Dr. Mir Wais Sekandarzad
Dr. Elspeth Hutton

Conveners:

Dr. Mir Wais Sekandarzad
Dr. Alex Konstantatos



**Saturday 2 December 2017,
8:00 am -16:30 pm**

**Alfred Hospital
ICU seminar room, 1st floor,
Main Ward block
(opposite theatre)**

Registrations:

<http://painmedicine.org.au>

Registration closes 29 November 2017

Enquiries:

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Cost: \$180

- Morning tea and lunch provided

Quota of 50