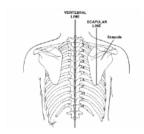
# Musculoskeletal Management of Patients with Chronic Lung Disease across the Lifespan

Saturday 5<sup>th</sup> August 2017

Crown Promenade Hotel, Melbourne





## **Faculty**

Jane Ashbrook – Musculoskeletal Physiotherapy Practitioner, Manchester Adult Cystic Fibrosis Centre, Manchester, United Kingdom

**Julia Taylor** – Advanced Practitioner MSK Physiotherapist, Manchester Adult Cystic Fibrosis Centre, Manchester, United Kingdom

**Angela Serong** – Grade 4 Physiotherapist, Team Leader, The Royal Children's Hospital, Melbourne

**Lisa Wilson** – Grade 3 Physiotherapist, Departments of Physiotherapy & Respiratory Medicine, The Alfred Hospital, Melbourne

**Brenda Button** – Adjunct Clinical Associate Professor, Grade 4, Respiratory Stream Leader, Departments of Physiotherapy & Respiratory Medicine, The Alfred Hospital, Melbourne

## **Topics**

- Musculoskeletal theories & concepts in respiratory disease
- Pain theory including physiological & psychosocial aspects
- Clinical Reasoning in musculoskeletal medicine
- Musculoskeletal screening, assessment & screening for red flags
- Designing a patient specific treatment programme
- Musculoskeletal considerations in paediatrics
- Assessment tool with practical session
- Case study discussions (shoulder impingement and scapular control; discogenic back pain, sciatica and SUI; headache including differential diagnosis and red flags; chest pain including rib fractures and soft tissue pain; common causes of knee pain and ideas for treatment)

# Snapshot

This course is presented by expert musculoskeletal and respiratory physiotherapists and will cover many of the common musculoskeletal issues that arise for patients with chronic respiratory disease. The course is made up of both lecture-based sessions and case study discussions.

The course also has a practical component where participants can put into practice a clinic-friendly assessment tool.

Time – 08.30 to 17.30 Cost – \$250

Registration closes July 21<sup>st</sup> (limited places available)

### Go to the link to register:

https://www.registernow.com.au/secure/Register.aspx?E=25655

#### Contacts:

Fiona Moran (<u>fiona.moran@rch.org.au</u>)
Brenda Button (<u>b.button@alfred.org.au</u>)