

Rotations Overview 2026

Site	Stream	Rotation
Alfred	ICU	ICU Cardiothoracic (ICU and wards)
		ICU General (ICU and Surgical wards)
		ICU General (ICU and Surgical wards)
		Trauma
		Trauma (Better Function after Injury and Trauma)
	MUSC	Burns
		Musc Acute Inpatients 1
		Musc Acute Inpatients 2
		Musc Outpatients
		Acute Neuro
	PAN	GMU
		Haematology/Oncology/Renal
		Infectious Diseases
		HITH/HARP (Grade 2 opportunity)
	RESP	Resp am/General Resp
		Resp pm/Cystic Fibrosis
Sandringham	SANDY	Sandringham Gen Med/Surgical
		Sandy Musc
Alice Springs		Alice Springs

BAYSIDE HEALTH | ALFRED – Synopsis of Grade 1 Rotations

Caulfield	Stream	Rotation
	HOP	Aged Care 1 AC1
		ACE + AC1
		Aged Care 3 BAH
		Aged Care 4 BAH
	NEURO	ABI 1
		ABI 2
		Neuro 1 / AC2
		Neuro 2 / AC2
		Spinal / AC3 (Neuro)
	ORTHO	Musc Rehab / AC3
		Amputees/Musc Rehab
		Reliever
	CRC	CRC 1
		CRC 2
		CRC 3
		CRC 4

Skill Development Pathway	
Cardiorespiratory	
Musculoskeletal	
Neurology and Progressive Illness	
Community	
Complexity	
Selective	
Mixed (other health service)	

BAYSIDE HEALTH | ALFRED – Synopsis of Grade 1 Rotations

Stream and Site	Rotation	Roles & Responsibilities
Alfred - ICU	ICU Cardiothoracic	- Mixed caseload between CTHR ICU/HDU and wards. - CTHR: Cardiothoracic surgery- CAGS, valve replacements, pleurodesis, lobectomy, heart transplant. Potentially some exposure to lung transplantation. - CAGE (General Cardiology) - CAHF: (Cardiology- heart failure, ventricular assist devices (VAD) and ECMO) - Heart transplant assessments - Competency in advanced techniques MHI, VHI, NIV, VADs and ECMO <i>“Well supported rotation with the opportunity to master skills under fantastic guidance. Opportunities to become familiar with life saving treatments including ECMO and VADs.”</i>
	ICU General 1 + 2 <u>(Weekend expectations: Fortnightly)</u>	- Involves treating a wide variety of critically ill patients (both ICU and HDU patients) under various units. - Caseload is variable but common conditions seen are burns, general surgery and cardiothoracic surgery, haematology, multi-trauma and neurosurgery. Will additionally support ward surgical unit patients. - Become competent in advanced techniques including MHI, VHI and NIV as well and developing skills in early rehabilitation and assisting with respiratory weaning critically ill patients. <i>“A really challenging rotation where there is so many opportunities to learn and develop new skills. It enables you to become really competent in independently managing critically ill patients with the assistance of wonderful senior support”</i>
	Trauma	Senior Rotation: ideally have previous ICU and Ortho experience. - Mostly ward based caseload, however may include opportunities to see patients in HDU/ICU. - Supported by Grade 2 and 3 Trauma physios - Complex patients with multiple orthopaedic, neurological (Including SCI) and chest injuries eg. Patients post MVA, MBA, assault, high falls, near drowning etc - Includes management of tracheotomies, NIV, IPPV, Halo’s, spinal orthoses and collars, UL/LL braces/splints, manual handling equipment, tilt tables etc <i>“An excellent opportunity to work with a diverse group of challenging and sometimes critically ill patients from ED to starting rehab on the ward. Often fast paced but well supported by senior staff”</i>
	Trauma (Better Function after Injury and Trauma) <u>(Weekend expectations: Fortnightly)</u>	- Alfred site rotation - Working in a multidisciplinary team to provide increased intensity allied health to complex orthopaedic and trauma patients 7 day a week service (working 9 days on 5 days off per fortnight) to provide improved continuity of care. - Opportunity to conduct group exercise classes Contribute to ward and nurse education and initiatives
Alfred –	Burns	- The Alfred is the state-wide Adult Burns Service. - Blanket referral all Burns patients and Plastics patients by referral.

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MUSC		▪ In stream cover for orthopaedics, rheumatology, haemophilia and psychiatry as required. ▪ Management of pts post split skin graft and muscle flap reconstructive surgery. ▪ Wound review and joint ranging whilst patient is under sedation, in conjunction with anaesthetics surgical and nursing staff. ▪ Opportunity to manage burns patient care in ICU setting. ▪ Opportunity for exposure to outpatient follow-up via clinics, including scar management, exercise and garment prescription.
	Acute Orthopaedic Inpatients 1 + 2	▪ Elective and trauma orthopaedic caseload including THR, TKR, Shoulder replacements, foot corrective surgery, spinal surgery and single limb fractures. ▪ Pre/post-operative reviews of day orthopaedic cases. ▪ Outpatient fracture clinic fortnightly. ▪ Work hours predominantly 8-16:30. Evening shift 9:30-18:00 shared across Ortho Trauma teams but predominantly staffed by grade ones. ▪ Opportunity to attend Thursday/Friday Orthopaedic Virtual Grand Round (7am education session with the ortho medical team: Residents through to the Surgeons) <i>"Opportunity to work in a large team of experienced physios in elective surg to complex trauma. Pre & post op Mx of young to elderly pts."</i>
	Orthopaedic Outpatients	▪ Varied orthopaedic caseload of acute and subacute outpatients including. UL/LL fractures, ACL reconstructions, rotator cuff pathologies, LBP and neck pain, OA knees/hips, post joint replacement, acute soft tissue injuries. ▪ Supported by grade 2, 3 and 4 Orthopaedic physiotherapists. ▪ Cover fracture clinic. ▪ Responsible for running OP Ortho gym group. ▪ Exposure to hydrotherapy program at MSAC.
Alfred – PAN	Acute Neuro	▪ Involves the management of Stroke, Neurosurgery and Neurology patients ▪ <u>Stroke</u> – TIA, infarct/haemorrhagic CVA, TPA management ▪ <u>Neurosurgery</u> – TBI, tumours (GBM, metastatic lesions), aneurysm, ACDF, laminectomy and microdiscectomy, SAH (vasospasm/EVD management), SDH. Tracheostomy management. Brace/# management – HALO, Aspen, Miami JTO, TLSO ▪ <u>Neurology</u> – MS, GBS, PD, FND ▪ Patient functional levels vary from minimal neurological deficits (high level balance) to major deficits involving complex manual handling. <i>"A very enjoyable and well supported rotation from experienced senior staff. Exposure to with a variety of interesting neurological presentations. A chance to develop complex manual handling skills and post surgical management."</i>
	General Medicine	• Involves the management of patients with multi-morbidities and their complex interactions, often awaiting further diagnosis and optimisation.

BAYSIDE HEALTH | ALFRED – Synopsis of Grade 1 Rotations

		- Main referrals for physiotherapy include mobility decline, balance and falls assessments and respiratory conditions such as pneumonia, exac COPD and tracheostomy management. Treating patients relies on a broad understanding of respiratory, neurology and orthopaedic conditions. - Relies on working closely with the multidisciplinary team and often involved with complex D/C planning. - Opportunity to learn from and work with experienced General Medicine seniors across disciplines, and is well supported by multiple grade 2 staff and Stream Lead.
	Haematology/Oncology/Renal	- Well supported by an extended senior physiotherapy team, this role is working with complex medical oncology conditions impacting patients' function and wellbeing. Patients require treatment of respiratory, neurological and orthopaedic systems. - Medical Oncology (MONC): all solid tumours, lung/breast/prostate/GBM/ spinal tumours. <u>Radiotherapy Oncology (RONC)</u>: similar as above but having radiotherapy, will see as inpatient and occasional outpatients. <u>Haematology and Bone Marrow Transplant</u>: lymphomas, leukaemias, myelomas and patients undergoing transplants. <u>Renal</u>: chronic kidney failure/disease, inpatients on dialysis & post-transplant patients. <i>"Working within a well set up and wonderful multi-disciplinary team to facilitate optimal recovering and improved quality of life."</i>
	Infectious Diseases	- State-wide service for Infectious diseases and HIV. <u>Infectious disease</u>: HIV, TB, septic arthritis, H1N1, viral infections, endocarditis, discitis/osteomyelitis <u>Endo</u>: usually admitted for unstable BSL's. Referred generally for mobility review, foot debridement and trans/metatarsal or foot amputations. <u>Urol</u>: post-op patients <u>Derm</u>: very occasionally- sometimes treat in conjunction with burns physio. Generally referrals regarding cellulitis. <u>HIV service</u>: - Assessment of all inpatients - Running outpatient exercise groups, on and off site including, circuit, tums and bums, Pilates - Outpatient exercise assessments - Outpatient musculoskeletal assessments and treatments (hip/knee/shoulder pain). <i>"Exciting and interesting rotation with many different aspects. Opportunity to run high level exercise groups."</i>
	HITH / HARP	- Work both as member of the HARP interdisciplinary team and as part of the Physiotherapy Department. - HARP - Provide comprehensive assessment, short-term intervention and involvement in maintenance and optimisation of functionality and well-being of clients in the community setting. - HITH – Provide comprehensive assessment and management of patients admitted to the General edicine HITH inpatient substitution unit.
Alfred – RESP	Respiratory AM / General Respiratory	- State-wide Lung Transplantation Service - Lung transplant pre and post - opportunity to go into ICU - COPD, Bronchiectasis, Emphysema, Asthma

BAYSIDE HEALTH | ALFRED – Synopsis of Grade 1 Rotations

		1-2 times daily treatments - Assisting with running pre and post transplant and VAD exercise groups for inpatients and outpatients on Mon, Wed and Fri. - Assisting with running Pulmonary Rehab exercise groups for outpatients on Tues and Thurs. <i>"Many exciting opportunities to treat patients who are extremely unwell, then witnessing lung transplants and the amazing recovering post op and through the 3 month outpatient rehab."</i>
	Respiratory PM / Cystic Fibrosis	- State-wide Adult Cystic Fibrosis Service - Cystic fibrosis 1-9:30 pm - Free car parking pass - Completing exercise assessments and musculoskeletal assessments 1-2 times daily treatments; airway clearance and exercise - Great learning opportunities <i>"Challenging experience working with a primarily young population, with emphasis on health promotion. Working alongside an amazing CF physio guru."</i>
Sandringham -	Sandringham Musc	- Fantastic opportunity to work in various physiotherapy roles. - Working together with the small and dedicated team of physiotherapists at Sandringham, supported by grade 2 staff. - Day surgery (referrals, exercises, education) - Acute surgical (ortho and general surgery) - E.D. (acute spinal, mobility post trauma, falls screening/discharge planning for aged care) - Women's health (postnatal, antenatal classes, outpatients, inpatient gynae surgery/obstetrics)
Caulfield – HOP	GEM (2x rotations on ACG & AC1)	- GEM (Geriatric Evaluation and Management) ward/ sub-acute slow stream rehab. - Supported and supervised by a grade 2 on the ward and supported by other HOP seniors and working with Physio and MDT AHA's - Involves a mixed case load – subacute ortho (trauma/fractures), neuro (stroke/ABI/Parkinson's) and general medicine (Chronic Respiratory conditions, deconditioning & falls). Frailty, extensive comorbidities and psychosocial situation also guide assessment, treatment and discharge planning. - Involves complex Discharge planning and developing an understanding of various community health services, discharge options, carer training and complex dignity of risk discussions with the patients, families and multidisciplinary teams. - This rotation is regarded highly for developing autonomy and confidence managing a large and complex caseload, communication and advocacy skills and problem solving and collaborative work with the multidisciplinary team. - You will be a part of the well supported Health of the Older Persons (HOP) stream who manage the older person through the care continuum.
	Aged Care BAH (x 2)	Inpatient substitution model to provide rehab in the home for a variety of patients; including GEM/neuro/musculoskeletal/trauma

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		• BAH South also includes cardiac rehab (12 hours a week). • Patient centred and functional approach to rehab • Well supported by senior staff and AHA • Homebased multidisciplinary approach to healthcare and rehab • Focus on home set up, equipment provision and safety for patients in ADLs and mobility • Ability to provide intensity of intervention to work towards patients goals • Patients can attend musc gym on site if appropriate to work toward their goals ▪ Must have Victorian Drivers Licence
Caulfield – NEURO	ABI 1 + 2	▪ The Caulfield Acquired Brain Injury Rehabilitation unit is the state-wide brain injury rehabilitation service ▪ Work with a case load of up to 10 in patients with Brain injury – seen depending on need/tolerance for rehab ▪ Traumatic and non-traumatic brain injury patients ▪ Complex behavioural management including PTA management experience ▪ Work closely with very experienced and skilled senior clinicians ▪ Work very closely with other disciplines to implement holistic patient centred treatment plans
	Neuro Rehab / AC2 1 + 2	▪ Case load of approximately 7 inpatients ▪ Mixture of stroke, hypoxic brain injury, GBS, neurosurgery, brain tumors, progressive neurological diseases and ABIs. Mix of high and low level patients. ▪ Intensive rehabilitation - see patients daily ▪ “Fantastic opportunity to work with and learn from some amazing Neuro physios. Well supported rotation with heaps of skills to master.”
	Spinal / AC3 (Neuro)	▪ Part of the neurological physiotherapy team ▪ Mixed case load of non-traumatic spinal cord injuries (mixture of complete and incomplete injuries) and general rehabilitation ▪ Supported by Gd 2/3 ▪ Intensive rehabilitation based on rehab A ▪ Includes seating and wheelchair prescription and maintenance. ▪ Progression of transfers/ambulation, prescription of intensive strengthening programs ▪ “Spinal is a very rewarding rotation as you have the opportunity to assist your patients’ in their journey towards regaining independent function. It is a steep learning curve but you are very supported by senior staff”
Caulfield – MUSC	Musculoskeletal Rehab / AC3	▪ Case load of approximately 6-8 patients seen 1-2 x daily with support from allied health assistants, on the wards, ward gym and ortho physiotherapy gym. ▪ Supported primarily by a grade 3 in musc/amps OP and a grade 2 in musc/Better at Home. ▪ Fast stream rehab with a variety of orthopaedic and general musc presentations including upper and lower limb fractures, trauma and multi-traumas, amputees, vascular and haematology patients. ▪ Be involved in the multidisciplinary team to work in a dynamic rehab environment, trial and script equipment, and contribute to NDIS planning. ▪ Build your knowledge and skillset with complex discharge planning in an experienced MDT.

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		▪ <i>“Fast paced and dynamic work environment, great team support with good mix of patient types”</i>
	Amputees/Musc Rehabilitation	▪ Mixed inpatient & outpatient caseload of amputee, burns, general and orthopaedic patients. ▪ Supported by G2/3 PT. ▪ Split between AC1, AC2 and OPs ▪ Experience working with above knee, below knee, hip disarticulations and through ankle amps. ▪ Mixture of prosthetic and non-prosthetic rehab. Opportunity to work closely with the prosthetics team and excellent experience in gait analysis. ▪ Includes seating and wheelchair prescription and maintenance. <i>“Unique experience in Victoria’s largest amputee rehab centre. Really well supported and lots of opportunity for skill development”</i> ▪ <i>“Unique experience in Victoria’s largest amputee rehab centre. Really well supported and lots of opportunity for skill development”</i>
	Reliever	▪ This role sits within the Musculoskeletal Stream but provides cover for extended periods of leave across a range of teams and clinical streams throughout the Caulfield site. ▪ Offers significant variety, with caseloads varying depending on the team, specialty area and service needs at the time. Clinicians gain exposure to a broad range of clinical settings and patient presentations. ▪ Excellent opportunity to further develop generalist skills and build experience across multiple areas. ▪ Where possible, there is flexibility to align placements with individual learning goals or areas of clinical interest. ▪ Generally best suited to clinicians who already have some experience working across different areas within Caulfield, to build on and develop strong organisational and communication skills, particularly around clinical handover, prioritisation and effective patient management. ▪ Ideal for someone who enjoys variety, problem-solving and the opportunity to continually broaden their clinical experience.
Community	Community Rehabilitation Program	▪ Outpatient (centre-based and home-based) community rehabilitation for clients in the city of Glen Eira and parts of Stonnington and Bayside. ▪ Multi-disciplinary team environment with strong interdisciplinary approach. ▪ Varied physiotherapy rehabilitation caseload including orthopaedic (fractures & replacements), neurological (strokes, PD, GBS, ABI, MS etc), and general medicine (frail elderly, post falls, deconditioning). ▪ Patient centred care with strong goal achievement focus. ▪ Responsibility for conducting group therapy classes. ▪ Well supported by Grade 2 and 3 staff in the department.
Alice Springs – Alfred	Alice Springs	▪ This is a 4-month rotation in a rural hospital working mainly with the indigenous population. ▪ 180 bed hospital with maternity, paediatrics, surgical ward, medical ward, renal ward, ICU/HDU, emergency department and continuing care ward (rehab ward), outpatients. ▪ Work in a supportive allied health team with receptionist, allied health manager, speech pathology, OT, dietetics, podiatry, social work and aboriginal liaison officers. EFT of 7 senior physiotherapists and 1 physiotherapy assistant and the rotations (may vary) include: ▪ Medical + Men’s Exercise Group +/- Pulmonary Rehabilitation ▪ Renal + Women’s Exercise Group

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		▪ Inpatient rehabilitation + Amputee Group ▪ Orthopaedics ward ▪ Surgical ward ▪ ICU/HDU (senior) ▪ Paediatrics ▪ Palliative Care ▪ ED/outpatients ▪ Basic accommodation supplied by the hospital in the nurse's quarters. ▪ Flights paid for in and out. ▪ You will take 1 week of acquired annual leave and 4 ADOs whilst in Alice and have the opportunity to do many trips around the beautiful red centre including visiting Uluru, King's Canyon and the MacDonnell ranges.
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