

# Always Yours



Photo © Anna Carlile

## Always Alfred

**That special care.** Help ensure it's always there, through a gift in your Will.



theAlfred

**With your continued support, The Alfred delivers lifesaving compassionate care to our patients and their loved ones. At the worst time of their lives, we are always here.**



## Always saving lives

Thank you for kindly thinking about remembering The Alfred in your Will. Including a gift in your Will to support one of your favourite charities is such a wonderful gesture of your generosity and thoughtfulness.

You are already part of The Alfred's family, whether you have experienced our care first-hand, or are one of our compassionate donors who help keep the hospital at the forefront of healthcare.

For more than 150 years, passionate people like you have supported our doctors and nurses to deliver truly remarkable care.

**Front cover:** Photo of Patrick and his wife, Ros, thanking the team at The Alfred for saving his life.

Saving lives and providing care is a constant at The Alfred. Through your continued commitment, you can ensure we will be here for you and your loved ones today, tomorrow and always.

By remembering The Alfred in your Will, you can become part of our heritage. Your legacy to The Alfred will become a part of your own family's history of kindness.

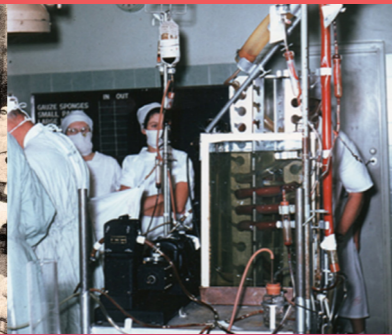
Thanks to your thoughtfulness today, we look forward to what we can achieve together at this great hospital in the future.

**Always Yours, Always Alfred**

# Always here for Victorians, for over 150 years...

## ...and beyond

We will be here for all our patients today, tomorrow and always, because of you.



1871

1918

1957

1983

1990

2002

2020

2024

Funded through the generosity of the Victorian community, The Alfred officially opens its hospital doors to patients on 6 March 1871.

Countless lives are saved at The Alfred as the Spanish Flu pandemic strikes. That lifesaving emergency care continues today with our pivotal role in the recent COVID-19 crisis.

Australia's first ever open-heart surgery was performed at The Alfred by Mr Ken Morris. Today The Alfred's heart surgery, research and education program is internationally recognised.

The Alfred sends a mobile medical team to treat victims of the Ash Wednesday bushfires, heralding a new era for our world-renowned burns care excellence.

Australia's first dedicated trauma centre is opened at The Alfred, which includes Victoria's largest helipad, built for responding to mass emergencies.

The Alfred plays a significant role in treating some of the most severely wounded patients of the infamous Bali Bombings, in which 88 Australians sadly lost their lives.

In conjunction with The Alfred Research Alliance and Nucleus Network, The Alfred hosts the first human trial for a COVID-19 vaccine in the southern hemisphere.

The Alfred launches the Paula Fox Melanoma and Cancer Centre, an international centre of excellence, dedicated to improving melanoma and cancer treatment.

# Always having an impact

## It's truly amazing what gifts in Wills can do.

They are special gifts to the generations who will follow, those people whose faces and names you may never know, but whose lives you will have immeasurable impact on through your generosity. The impact of your final gift sometimes being felt years and sometimes decades later.

Through support from the community over our long history, we've built outstanding places of care, purchased cutting-edge lifesaving equipment, delivered innovative healthcare and made research and education a top priority.

By remembering The Alfred in your Will, you are helping ensure that we remain one of the best healthcare providers for the next 150 years and beyond.

## Yesterday...

The Alfred has been caring for our patients and loved ones since it first opened its doors back in 1871. Our iconic hospital is still standing proudly on the same site in Melbourne.

Whilst so much has changed in how we deliver that care, the essence of our purpose has not changed.

We are here to provide treatment, care and compassion to the people who require our healthcare services.

### ▼ *Children's Ward in 1915*



## Today...

The Alfred cares for more than 770,000 people living across Victoria's south: from metro Melbourne through the Mornington Peninsula and all the way down to Bass Coast. We provide health services for Victorians experiencing the most acute and complex conditions through our 19 statewide services.

The hospital is home to one of Australia's busiest Intensive Care Units and we are pioneers in trauma care.

Patients also come to The Alfred for speciality services like cancer care, respiratory medicine, cardiovascular and neurological services and psychiatry care.

We operate Victoria's only heart and lung transplant service, the Victorian Adults Burn Service and the Victorian Melanoma Service.

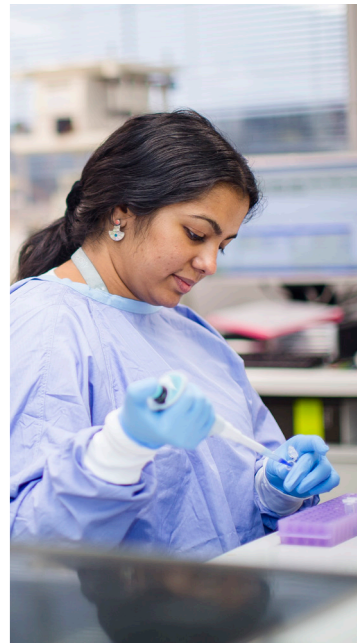


## Tomorrow...

Victorians look to The Alfred to provide extraordinary, compassionate care, often when they and their loved ones are at their most vulnerable.

Through the support of generous, kind people like you, we will continue to improve the lives of our patients, their loved ones and our communities.

As we embrace the future, we look towards continuing to improve the quality of life for everyone through transforming healthcare, leading technological updates and advancing discovery.



## Always there in an emergency



The most seriously ill and injured patients come to The Alfred.

Delivering compassionate care for everyone who requires our help is why we exist.

Whether they are going to be treated in our Emergency & Trauma Centre, The Victorian Adult Burns Centre, our heart and lung departments, our cancer and oncology services, or in our Intensive Care Unit, they quickly become part of this amazing Alfred family.

Over the coming years, we anticipate a growing number of people requiring our exceptional care and clinical expertise, including some of the most vulnerable people in our community.



## Always shaping the future

Through funding cutting-edge research and investing in education, your thoughtful final gift can help ensure The Alfred is always at the forefront of new, life-changing discoveries.

Research is in The Alfred's DNA, with exciting innovations like our Cancer Biobank, which is enabling the development of groundbreaking new cancer treatments.

This world-class resource was made possible thanks to the generosity of a gift in the Will of the late Iris Foster, left in loving memory of her late husband, James Foster.

Both James and his father Bryan were honorary surgeons at The Alfred. With James' son, Jamie Foster now overseeing the support to The Alfred, this thoughtful gift represents a 100-year-long family connection.

As a direct result of this thoughtful gift in Will, the Cancer Biobank allows research to be conducted on human tissue samples which is vital to breakthrough cancer treatment discoveries.

*"Biobanks are engines of discovery in cancer research, and some of our most effective weapons in finding new and better ways to treat cancer patients. The Alfred Cancer Biobank, made possible thanks to this wonderful gift in Will, is already delivering promising results."*

Associate Professor Mark Shackleton,  
Director of Oncology

## A special gift

*"The Alfred has saved three members of my family. I've always thought it was a truly special place,"* says David.

The first member of David's family saved by the team at The Alfred was his mother.

In the 1960s, she received lifesaving open heart surgery – an innovative procedure at the time.

Almost a decade later, his twin brother received critical care

after a car accident left him in a coma for more than six months.

More recently, his wife Margaret was given expert care at The Alfred following her heart attack.

David is now forever grateful:

***"That's three times now I've witnessed first-hand the impact that The Alfred can have on people's lives,"*** he says.

With this grateful connection to The Alfred spanning more than 40 years, David and Margaret were only too happy to support us by including a gift to the hospital in their Wills.

*"We're pleased to help because what The Alfred does is just so very special."*



Photo © Anna Carlile

## A second chance



For 27 days, Patrick clung to life in The Alfred Intensive Care Unit, rushed there by ambulance after collapsing at home. It was just two days after

his 50th wedding anniversary. His wife Ros was told to say her final goodbyes to him.

*"I had a massive infection resulting in sepsis,"* explains Patrick. *"I was unconscious, and most of my organs were in failure."*

***"I was described as the sickest patient in ICU.*** Ros had all the pressure, as I remember none of this. She saw me with a multitude of tubes down my throat and a battery of equipment and monitoring screens around me."

*"The Alfred could not have done more. They provided the world's best medicine."*

After 11 weeks in hospital, Patrick was finally well enough to go home. He is clear about

the reason he is so supportive and grateful to the hospital:

*"I now have a second chance, thanks to The Alfred."*



Photo © Anna Carlile



Jenny credits the many precious years she enjoyed with husband Bruce to the lifesaving treatment he received in The Alfred Intensive Care Unit, following a stroke.

***"I knew he was in the right place, with the right people," Jenny says.***



***"I feel overwhelming gratitude."***

*"The four weeks Bruce was in hospital were traumatising – for him and me. The staff do their utmost. This is an amazing place of hope and healing."*

Jenny and her two brothers are also patients at The Alfred, as was their father, over 50 years ago. They've inherited his high cholesterol condition, and the siblings know they owe their own lives to the treatment they receive at The Alfred.

*"Sadly Dad passed away when he was only 47, but the fact that he was well cared for means a lot to me."*

*With a gift to The Alfred in my Will, I can help it continue being the incredible place that it is, helping so many others."*

◀ ***Bruce and Holly***

## Inspired to give

***"From having major surgery to being expertly nursed and compassionately cared for – the people at The Alfred knew exactly what to do," Kevin says***

After months of intensive rehabilitation, Kevin finally returned home. He set himself a challenge, and has now completed his PhD in Political Science.

*"Remembering The Alfred in my Will was really a simple decision," he says. "I want my gift to help those who were there for me. I wouldn't want anyone to go through what I did, but chances are many of us are going to have an accident sooner or later."*

*"That's why we will always need a great hospital like The Alfred."*

*"If it hadn't been for the skilled surgeons at The Alfred, I definitely wouldn't be walking today."*

Kevin had just finished cleaning the gutters on his roof when the ladder buckled underneath him and he fell to the ground, landing on his back. He was airlifted by helicopter directly to The Alfred emergency unit.



# Always making the impossible possible

An international centre of excellence at The Alfred, the Paula Fox Melanoma and Cancer Centre (PFMCC) is a purpose-built, clinical research centre dedicated to improving care for people with melanoma and other cancers.

Featuring a state-of-the-art laboratory and cutting-edge technologies, the PFMCC will help reduce the burden of melanoma by preventing, detecting and intervening early before the disease can cause harm.



*"There is real potential to save and change lives...making world-class care available to our whole community, particularly people in rural and regional Australia."*

Professor John Kelly AM  
Founding Director,  
Victorian Melanoma Service

## Always here to care

Since 1988 when The Alfred's Trauma Centre opened as the very first dedicated trauma centre in the country, The Alfred has been at the forefront of cutting-edge trauma care.

As the largest trauma service in Australasia and the only adult trauma service in Victoria that can receive patients via chopper 24/7, 365 days a year, our dedicated doctors, nurses, and trauma specialists stand ready to act, providing urgent treatment in times of need.

Our trauma care has earned us a global reputation as leaders in the field. But it's not just our team that makes this possible—it's supporters like you who enable us to keep innovating and saving lives.

*"The Alfred is a world leader in trauma care because of our ability to innovate, our sharing of knowledge, and our effort to measure the outcomes of our work"* - Professor Mark Fitzgerald, Director of Trauma Services



# Always a thoughtful way to give

Your Will gives you peace of mind, knowing that the future of your loved ones is secure. It's also a simple but powerful way for you to leave a lasting impact on the world.

Gifts in Wills are deeply valued by The Alfred, making a significant difference to the lives of others. Each year, these special gifts support so much of the hospital's vital, lifesaving work.

By including a gift to The Alfred in your Will, whatever size you choose, you'll be leaving a wonderful legacy of lifesaving care, compassion and innovation to future generations.

## Five easy steps to support The Alfred

1. Contact our Gifts in Wills team for a friendly discussion to help you shape a gift that reflects your values and intentions.
2. Let those closest to you know about your intentions to support The Alfred, so they understand the legacy you wish to leave.
3. Seek advice from a legal adviser. Or you may choose to use an online Will writing service.
4. Refer to the information on the next page which should contain everything that you and your solicitor need, should you decide to thoughtfully remember The Alfred in your Will.
5. Keep your Will secure and review it every few years.

Contact our Gifts in Wills Team on (03) 9076 3222 or email them at [giftinwill@alfred.org.au](mailto:giftinwill@alfred.org.au) if you'd like to ask any questions or if there's something specific you would like your final gift to accomplish.

## Remembering The Alfred in your Will

It's such an easy thing to do. There are a few important things to remember when including a gift to The Alfred in your Will:

### Use our correct details:

- The Alfred Hospital (part of Bayside Health ABN 52 829 860 159), 55 Commercial Road, Melbourne, Victoria 3004

### Describe the type of gift:

- You may wish to leave your gift for **The Alfred's general purposes** - this helps to make sure your gift can be used for the greatest need at the time it is received.
- Or you may wish your gift to go towards **a specific purpose or department**. Please be in touch with our Gifts in Wills team, who can help guide you with wording that best reflects your wishes.

Thank you for thinking about leaving this thoughtful legacy.





**“Healthcare -  
a basic right  
that can’t  
be taken for  
granted.”**

*“The compassionate care given at The Alfred goes far beyond the basics. It’s a privilege to be able to support this great hospital.”*

Nilanthi is hugely grateful for the care she receives at The Alfred, which prevents her allergies from becoming severely problematic.

*“Healthcare is a basic right that can’t be taken for granted,” she says. “The Alfred treats the most*

*critically ill patients, and I’m lucky I don’t require that level of care.*

***“But anything can happen to anyone, at any time. This includes my own loved ones. That’s why I’m inspired to think of The Alfred’s future.”***

*“Leaving the hospital a gift in my Will is a chance to give something back to my family, and the causes I’m passionate about. I want future generations to also have access to the extraordinary care The Alfred provides, and to benefit from medical breakthroughs yet to be realised.*

***“For anyone thinking about remembering The Alfred in their Will, your gift needn’t be a huge amount: I know that even 1% of your estate can make such a difference.”***



# Thank you for thinking about including a gift to The Alfred in your Will

## Our promise to you

You are part of The Alfred's family. We will always respect your decisions and honour your final wishes to contribute to what makes The Alfred a truly extraordinary hospital.

When the time comes, we will use your gift carefully and wisely, so that it has the greatest impact on the compassionate care we can provide.

We understand that remembering The Alfred in your Will, alongside other causes that are close to your heart, is an important decision for you to make.

To support you in making this choice, please feel free to contact The Alfred's friendly **Gifts in Wills Team**. They are available on **(03) 9076 3222** or email any questions you have to them on **[giftinwill@alfred.org.au](mailto:giftinwill@alfred.org.au)**

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