

Impact

The Alfred Foundation
Year in Review 2022



theAlfred
FOUNDATION

Your donations led to tangible outcomes in 2022. They included...



PRIORITY CARDIAC EQUIPMENT

As part of the Complex Cardiac Centre redevelopment, priority equipment including **a new Ultrasound System** was funded **thanks to you**, in addition to the redevelopment.

PULMONARY FIBROSIS RESEARCH FELLOW



Your donations helped to fund a research training position within the interstitial lung disease service at Alfred Health, aiming to generate **high-impact research** that improves the lives of people living with pulmonary fibrosis.

PLASTICS MICROSCOPE



A new plastics microscope costing **almost \$400,000** was purchased, replacing an older model. As well as Trauma, the microscope will provide a critical service to breast, skin, head and neck cancer patients and transplant patients.

PET PHANTOMS

Nuclear Medicine and Positron Emission Tomography (PET) imaging helps clinicians to better understand the state and functionality of organs, tissues and tumours in patients with cancer, dementia, Alzheimer's disease, epilepsy, and assessment for bypass surgery.

Funding for this equipment will allow for accurate and reliable performance of the PET scanner, as well as decreasing camera downtime due to repairs.

PAULA FOX MELANOMA AND CANCER CENTRE

Construction on the new Paula Fox Cancer and Melanoma Centre commenced. The world-class centre will bring together specialist researchers, clinical care and cancer patient treatment facilities under one roof and will drive innovation in cancer research and provide comprehensive skin cancer care services.



CYSTINURIA RESEARCH

This targeted philanthropic funding in the Department of Immunity and Pathology will support personalised medicine approaches for a rare genetic kidney stone disease called cystinuria, an incurable disease which affects children and young adults.



MENTAL HEALTH

An exceptional gift of \$500,000 will support The Alfred's psychiatric service to enable better mental health care for our community.

Our Chief Executive Professor Andrew Way AM



Thank you for your continued commitment to our hospital this year — our community needed us more than ever in 2022. Another 12 months of the COVID-19 pandemic placed significant strain on our health service, patients and community as rising demand for care tested our services like never before.

From lockdown to significant waves of COVID transmission, we regularly drew on the full resources of the health service to respond. Having previously expanded our Intensive Care Unit (ICU) to become the largest and most acute in the country, The Alfred's emergency department took the brunt of the demand for care during the Omicron wave, at a time when many staff were infected by the virus.

Beyond the pandemic, major trauma cases continued at high levels, with our team caring for 1456 major trauma patients. The lifesaving work of heart and lung transplant was ongoing, as was our growing cancer program that made every effort to continue care far and wide, even at the height of the pandemic.

The pandemic encouraged us to think faster and smarter. Our telehealth service increased by almost 30 per cent, averaging more than 6000 calls each month, while home-based care remained a priority as we built on our successful Better @ Home program.

The Alfred continued to be the country's most clinically intense research hospital. This included a groundbreaking trial with potential to change the future of heart transplantation, while we discovered that early intervention by neurologists following traumatic brain injury could significantly enhance patient outcomes.

Work continued on the Paula Fox Melanoma and Cancer Centre on St Kilda Rd, which was officially named by Prime Minister Anthony Albanese and Victorian Premier Daniel Andrews. When it opens in 2024, the centre will welcome a new era of cancer care.

This is a key part of our Strategic Plan, in which we focus on developing a facility that provides world-class critical care, supporting our 18 state-wide services and future-proofing healthcare for the Victorian community.

We have a detailed plan to achieve a new and modern hospital, a build-ready plan that we developed with the Department of Health. While we continue to advocate for much-needed investment across the service, what remains important — perhaps more than ever — is that the community continues to have confidence in our health service.

Through it all, philanthropy remains an integral part of our ambitions, empowering us to continue delivering truly exceptional healthcare. We remain indebted to the community and to you, our donors, for your unwavering support. Your impact will continue to be felt for years to come, making an enormous difference to our community, thank you.

A handwritten signature in black ink that reads "Andrew Way".

Professor Andrew Way AM
Chief Executive Alfred Health

Our Chair and Director Sir Rod Eddington AO and Patrick Baker



First and foremost, thank you to our committed community of supporters of The Alfred. Throughout 2022, we have been exposed to an ongoing set of challenges, but we have been pleased and excited at some of the vital projects and developments that have been introduced.

While our knowledge and understanding of COVID-19 and its variants continue to evolve, the demand upon The Alfred and its staff remains constant, as we seek to manage the situation and, at the same time, source new avenues in which to better provide care and services.

We hope that you will enjoy reading about some of the amazing developments which are continuing to happen at The Alfred — things which would not have been possible without the support of you, our donors.

This includes the introduction of a revolutionary new mobile CT scanner — the first in Australia — to our Intensive Care Unit, the welcome impact of an ICU Nursing Fellowship, an example of how an initial donation can lead to much larger outcomes through the Alfred Cancer Biobank, and ongoing research into the effects and impacts to an increasingly large number of people affected by Long COVID.

This year we also saw the start of building of the Paula Fox Melanoma and Cancer Centre, thanks in large part to the unwavering efforts of philanthropist Paula Fox AO. The name of the centre was unveiled in June, in honour of Paula Fox, whose personal commitment to melanoma research and treatment, along with State and Federal Government support, has been instrumental in making the centre a reality.

When complete, it will bring with it a new generation of cancer care at The Alfred.

All of these stories are examples of how your donations have made The Alfred a better place and, by extension, the whole community within our state borders and beyond. For that we are truly grateful.

While we remain in uncertain times, we knew that the community would support The Alfred through this time, helping us to continue to deliver the very best care to the people of Victoria and beyond.

Thank you for your continued support of The Alfred. Your unwavering commitment and generosity is hugely valued and very much appreciated and we look forward to continuing this special partnership in the years to come.

Handwritten signatures of Sir Rod Eddington AO and Patrick Baker in black ink.

Sir Rod Eddington AO
Chair – The Alfred
Foundation

Patrick Baker
Director – The Alfred
Foundation

Vale Mr Alan Williams



(16 Sept 1947 - 10 Apr 2022)
The Alfred Foundation Board
member from 2006-2022

**The Alfred Foundation acknowledges
the passing of our friend and colleague
Alan Williams.**

Alan served voluntarily on The Alfred Foundation Board for more than 15 years and was the Board liaison on the Finance and Allocations Committee for almost all that time.

In his professional life Alan had a long and distinguished career with Coles Supermarkets — starting literally on the ‘ground floor’ as a casual after school.

In 1995, Alan’s proven abilities saw him rise through the ranks to Managing Director of Coles and then on to Chief Operating Officer for the Coles Food, Liquor and Fuel Group in 2001. Over many years he provided strong governance support to several businesses as a former board director with The Costa Group, K&S Transport, The Army and the Airforce canteen service.

Always keen to share his knowledge and experience for community benefit, Alan was involved with several non-profit organisations, including Chair of Foodbank Victoria (Australia’s largest food relief organisation).

He was also involved with several indigenous groups working to improve the operations within local community stores in remote communities.

Alan was a dedicated and active participant in the many and varied Alfred Foundation board discussions about how to better support The Alfred through philanthropy and fundraising.

Our Chair, Sir Rod Eddington AO, said: “Alan was a wonderful, longtime supporter of The Alfred Foundation. He loved what the people at The Alfred were able to achieve, whatever the circumstances, and he kept a careful watch on our Foundation’s finances. He will be greatly missed by us all.”

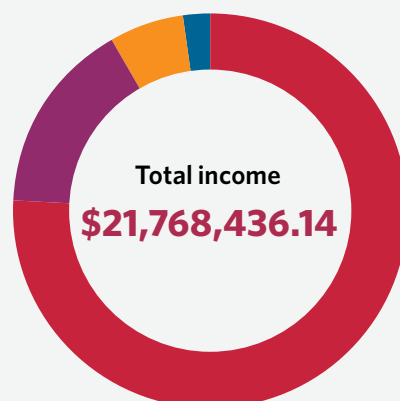
**THE ALFRED FOUNDATION 2021/22
FINANCIAL YEAR SUMMARY**

Total expenses

\$3,193,000.00

Net income

\$18,575,436.14



● Donations	\$16,515,846.80
● Gifts in Wills	\$3,452,732.36
● Trusts and Foundations	\$1,322,621.80
● Corporate and Events	\$477,235.18
Total income	\$21,768,436.14

THE ALFRED FOUNDATION BOARD

Sir Rod Eddington AO (Chair)	Nicholas O'Donohue (Life Support Committee Chair)
Patrick Baker (Director, The Alfred Foundation)	Paul Sheahan AM
Dr Ravi Bhatia	Carolyn Stubbs OAM (Women@The Alfred Chair)
Anthony Charles	Professor Andrew Way AM (Chief Executive, Alfred Health)
Allan Hood	
Meg Landrigan	
Chris Nolan (Alfred Critical Care Appeal Committee Chair)	

VOLUNTEERS

Dianne Dymond	Uri Rosenberg
Rhonda Moroney	Sally Shuter
Doreen Phillips	

Year at a glance

FEBRUARY

NEW HOPE FOR CANCER PATIENTS

A groundbreaking approach to treating stage four cancer gave new hope to patients. Melbourne woman Debbie, diagnosed with primary breast cancer in 2006, became one of the world's first patients to receive radiation using a technique which combines surface guided radiation with a breath technique that radically reduces the risk to healthy tissue.

MARCH

EARLY INTERVENTION VITAL

Early intervention by neurologists following traumatic brain injury could significantly enhance patient outcomes, researchers from The Alfred and Monash University discovered. The study found that patients who suffer seizures after moderate to severe traumatic brain injuries were more susceptible to complications such as epilepsy, and have a higher risk of death.

JUNE

INAUGURAL PATRONS ANNOUNCED

The Alfred Patrons Program was launched in June, honouring Alfred Health's most significant supporters, celebrating their extraordinary commitment and aims to create a long-term legacy of philanthropy. The inaugural Patrons are Mrs Paula Fox AO and Mr Lindsay Fox AC, Mr John Gandel AC and Mrs Pauline Gandel AC, Mrs Di Bertalli and Mr Neville Bertalli, and Mr Gerry Ryan OAM and Mrs Val Ryan.

JUNE

CANCER CARE TRANSFORMED

Cancer care for Australians is set to be transformed as work continues on the Paula Fox Melanoma and Cancer Centre.

The \$152.4 million project on St Kilda Rd is set to be completed in early 2024 thanks to support from the Victorian and Commonwealth governments, the Fox Family, Minderoo Foundation and Monash University.

It will see leading skin cancer specialists and dedicated multi-disciplinary teams working together under one roof, enabling skin cancer patients to access their care in one purpose-built centre.

Director of the Victorian Melanoma Service at The Alfred, Associate Professor Victoria Mar said the development promises to drive further breakthroughs in cancer care.

"These state-of-the-art research and clinical trial laboratories mean that our researchers and clinicians can investigate and respond to the emerging needs being seen by clinicians, here in the same building," A/Prof Mar said.

"Along with treatment and research, the five-level facility will also house a world-leading wellness and education centre, reflecting the holistic and collaborative nature of cancer care and an Advanced Diagnostics and Telehealth Centre — both supported by Minderoo Foundation."

The Paula Fox Melanoma and Cancer Centre is rising quickly on St Kilda Rd.



OCTOBER

BRAIN CANCER TREATMENT IMPROVED

A new radiotherapy software which promises to significantly enhance treatment precision and cut planning time is being used for brain cancer patients at The Alfred. The Victorian-first technology helps spare healthy tissue, resulting in fewer side effects for patients, while reducing treatment time for patients by almost 25 per cent.

JULY

EPILEPSY TRIAL BREAKTHROUGH

The findings of a world-first trial of medical cannabis-based treatments for drug resistant epilepsy are internationally significant, showing that prolonged use in adults significantly reduced the frequency of seizures. Alfred Brain director Professor Terry O'Brien said that after six months of using transdermal cannabidiol gel, more than half the patients experienced at least a 50 per cent reduction in seizures.

OCTOBER

MORE PATIENTS ELIGIBLE FOR HEART SURGERY

In a Victorian first, a new 'holy grail' keyhole procedure at The Alfred is giving hope to patients with a common yet deadly heart valve disease — mitral valve regurgitation, known as a 'leaky mitral valve'. Previously the only cure for patients considered ineligible for surgery due to their age or health, was to replace the faulty valve via open-heart surgery or risk heart failure.

SEPTEMBER

CRITICAL CARE APPEAL

Our community from within Victoria and across Australia again showed how much The Alfred means to them at our annual Critical Care Appeal. The support was immense as 3AW continued its tremendous relationship with The Alfred, and this was reflected in the responses we received. We are always amazed by the passion and generosity of the people who support The Alfred and all it does.

NOVEMBER

PANCREATIC CANCER TRIALS SPARK HOPE

Clinical trials run at The Alfred are offering new hope for pancreatic cancer patients, in addition to conventional forms of treatment. The Alfred is taking part in six international and national trials, each investigating how new forms of pancreatic cancer treatment might work for patients as well as other cancer treatments, such as chemotherapy or radiation therapy. Powerful new anti-cancer drugs are also being trialled.

Transforming care

The Alfred Cancer Biobank was established in 2019 by The Alfred's Medical Oncology Department, thanks to a substantial commitment from The James Foster Foundation. More than three years on, this funding has enabled multiple research initiatives and leveraged impressive amounts of project funding.

Like a library, the Alfred Cancer Biobank is a facility that collects, stores and distributes data and samples to cancer researchers. To improve treatment and diagnosis of cancer, researchers need to 'borrow' biobanked samples and use them to advance knowledge and treatment of cancer. The Alfred's world-class Biobank has also helped other researchers to secure grants and expand their studies.

Project Manager Jen Cheung, whose role is funded by the Foster Foundation donation, has been a key driver of the Biobank since its inception. Working with Professor Mark Shackleton, Director of Oncology at The Alfred, Jen was responsible for ensuring that the Biobank was set up in a correct, ethically approved and responsible way. She has continued to lead the Biobank, and has more than tripled the project's initial recruitment goals.

But all of this would not have been possible without the initial funding from The James Foster Foundation.

"It has made a huge difference. We would not have been able to kickstart our Biobank at all without the Foster Foundation," Jen said. "It would have remained just an idea.

"The Foster Foundation had a bold vision and their funding and our hard work have allowed it to come to light. We have proved that our team can manage the project and boost important links across departments and between cancer researchers."

With a background as a researcher, Jen has ensured the Biobank is designed "from a user's perspective", collecting specifically what researchers might find useful.

Using a 'just-in-time' model to reduce wasted storage space, samples are only collected when required. Researchers can then use Biobank materials to gain further external funding for greater investigation, or to complete entire approved and funded projects.

Another aspect to the Biobank's growth has been how it has cultivated greater communication and collaboration among researchers in other departments.

"It's not just an oncology project," Jen said. "We now have radiation oncology, gastroenterology and dermatology working with us in multiple projects.

"It's really an inspiring feeling to consider how we are moving the needle for cancer research."

Since its establishment, the Biobank has enabled nine research projects across different cancer types and conditions.

This includes a lung cancer liquid biopsy project led by Dr Maggie Moore, predicting responses to immunotherapy by Dr Miles Andrews, and evaluating targetable biomarkers in prostate cancer by Associate Professor Mahesh Iddawela.

The James Foster Foundation Alfred Cancer Biobank will be based at the new Paula Fox Melanoma and Cancer Centre from 2024, when the building is expected to be completed.

We are excited that the Foster Foundation has committed to continue funding the Biobank for a further five years.



Jen Cheung is the Program Manager of The Alfred Cancer Biobank.

A female scientist with glasses and a blue lab coat is working in a laboratory. She is wearing blue gloves and using a blue pipette to transfer liquid into a glass bottle. The background shows a laboratory bench with various equipment and a blue sign with a white exclamation mark.

PROJECTS FUNDED IN 2022:

- + Paula Fox Melanoma and Cancer Centre
- + Complex Cardiac Centre Redevelopment
- + Music Therapy Program
- + Psychiatry Services Unit and Art Therapy Program
- + Funding towards the Australian ECMO Registry (EXCEL)

Leading technology

In an Australian first, The Alfred Intensive Care Unit (ICU) is now home to a mobile computed tomography (CT) scanner. With no other ICU in the country using mobile CT, the installation of the machine in 2022 was the culmination of a six-year project to revolutionise the way ICU patients, especially those who need head CT scans, are cared for. Costing just more than \$1 million to purchase and install, the project could never have been achieved without the \$850,000 generously contributed by the community.

Admitting on average 3000 patients a year, The Alfred ICU often treats the most complex and unwell patients from around Victoria. About 40 per cent of those patients require a CT scan, of which about half specifically require a head CT scan.

Previously, a time intensive and complex process was required where patients had to be moved from ICU and often disconnected from life-sustaining equipment in order to receive a CT scan. A potential one-hour process has now been reduced to just 15 minutes.

Kristian Kempen, The Alfred's Radiology and Nuclear Medicine Business Manager, said being able to move the machine directly to a patient's bedside meant they did not have to leave the ICU for a scan.

"This provides clinicians with faster access to critical information, allowing quicker lifesaving diagnosis, treatment and enhanced patient safety, ultimately leading to improved outcomes for our most critically ill patients," he said.

"Patient safety is the big factor here," Mr Kempen said. "Remaining in ICU spares the patient a potentially hazardous journey to a fixed scanner.

"Every minute counts in the ICU and, with this scanner, our clinicians can bring lifesaving diagnosis equipment to the patient, saving time so clinicians have quicker access to critical information.

"Not only will this lead to earlier lifesaving treatment, but more lives saved. Importantly, the mobile scanner will also enhance patient safety, keeping specialists close to the patients who need them most, at all times."

Many issues needed to be overcome for the scanner to finally be installed at The Alfred, including safety requirements, storage location and maintaining a constant and consistent vision throughout the process. The most significant challenge however, was the one surrounding radiation safety.

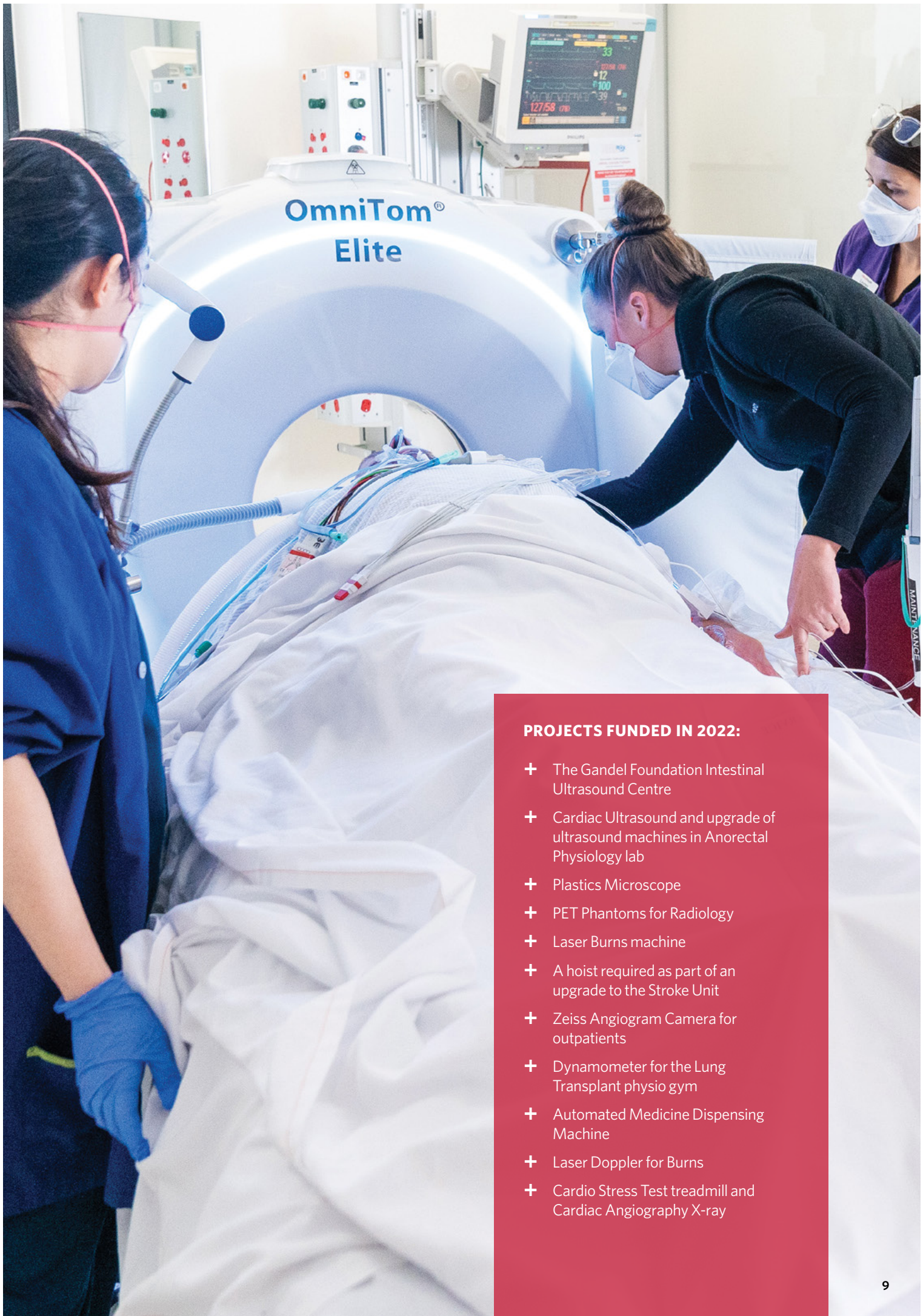
"Being the first mobile CT scanner in an ICU in Australia ... there were also radiation safety challenges especially considering where there are lots of staff, patients and visitors circulating," Mr Kempen said.

"We had to work closely with the radiation regulators not only to ensure patient and staff safety, but also to help create guidelines for those that come after us in the use of this technology."

With the first bedside patient scan happening in November 2022, the ICU and Radiology teams, including the Medical Physics team, are excited about the extent to which the mobile scanner will impact future processes and the benefit to patients which will result from this.



The mobile CT scanner is the first in an ICU in Australia.



PROJECTS FUNDED IN 2022:

- + The Gandel Foundation Intestinal Ultrasound Centre
- + Cardiac Ultrasound and upgrade of ultrasound machines in Anorectal Physiology lab
- + Plastics Microscope
- + PET Phantoms for Radiology
- + Laser Burns machine
- + A hoist required as part of an upgrade to the Stroke Unit
- + Zeiss Angiogram Camera for outpatients
- + Dynamometer for the Lung Transplant physio gym
- + Automated Medicine Dispensing Machine
- + Laser Doppler for Burns
- + Cardio Stress Test treadmill and Cardiac Angiography X-ray

Advancing discovery

More than three years on from the arrival of COVID-19, there is much still unknown about its long-term effects, specifically what is now known as Long COVID — something thought to affect tens of millions of people globally.

Thanks to a substantial commitment from the Erdi Foundation, The Alfred is collaborating with Monash University for a Long COVID investigation.

The Erdi Foundation has an extensive history with The Alfred. Prior to their passing, both Eva and Les Erdi were patients and extremely committed donors of The Alfred, to the extent that The Alfred's emergency department is named after them: the Eva & Les Erdi Emergency & Trauma Centre.

Continuing this commitment to the health and wellbeing of the community, the Erdi Foundation has funded this significant study into what causes Long COVID.

While there is no one clear definition for Long COVID, it is regarded as signs and symptoms that continue for more than 12 weeks after an infection, including fatigue, breathlessness and problems with memory and concentration. It generally affects women aged 40-59 the most.

The study seeks to identify the role the immune system plays in the mechanisms that cause Long COVID symptoms.

Professor Menno van Zelm, who heads the Laboratory for Allergy and Clinical Immunology at Monash University, is the co-principal investigator alongside Professor Anne Holland, the Head of Respiratory Research at Alfred Health.

Prof van Zelm said the main question for researchers is finding out why some patients have long-term symptoms.

Funding for the study was vital, Prof van Zelm said.

"We're very thankful for the donation," he said.

"The benefit of this is that we are able to make use of The Alfred's established Long COVID clinic.

"That's the great thing about this precinct — we can produce translational research through the double affiliation between The Alfred and Monash University."

Tara (pictured) is one patient from The Alfred's Long COVID clinic taking part in the study. The 48-year-old had minimal health problems before getting COVID-19 in February 2022. Almost a year on she was still experiencing extreme breathlessness.

"For a long time, I questioned myself," Tara said. "I'd never been this out of puff. Sometimes reading my kid a bedtime story and I just have to pause — and that's me being sedentary.

"It definitely impacts your day-to-day life. It's been very frustrating. I'm trying to do all the right things."

Erdi Foundation CEO and Director Simone Szalmuk-Singer said the Foundation was proud to continue its support of this project.

"The Alfred is so well-placed to conduct this important research due to its central role in COVID-19 treatment in Melbourne," she said. "This research will contribute to the body of knowledge that will help the world navigate this challenging area. The Foundation highly values collaborating with the philanthropic community and hopes that others will join us in funding further research."

The researchers are hoping to have a better understanding of Long COVID and a potential way forward when the first 12 months of the study concludes in June 2023.



Pictured (above) are representatives of the Erdi Foundation with Professor Anne Holland, Alfred Health CEO Professor Andrew Way AM and The Alfred Foundation Director Patrick Baker; (right) Tara suffers from Long COVID.



PROJECTS FUNDED IN 2022:

- + The Alfred Cancer Biobank
- + The Alfred Brain Tumour Biobank
- + Myeloma research
- + Cystinuria research
- + Respiratory project on Donor Derived Lymphocytes
- + The Alzheimer's and Dementia Research Project
- + Long COVID research
- + Acute Myeloid Leukaemia (AML) Relapse after allogenic transplant
- + Melanoma Prevention Project
- + Crohn's disease research

Developing extraordinary caregivers

The Intensive Care Unit (ICU) at The Alfred is the largest in Victoria, with 56 beds across two levels of the hospital, caring for about 3000 patients a year across multiple specialties. It is in this space that developing extraordinary caregivers takes on even greater precedence, such as that allowed by the Castan Fellowship, which results in a clinician-researcher to undertake patient-centred, innovative clinical research at The Alfred ICU.

Paul Ross arrived in Australia from England in 2009, immediately joining The Alfred's ICU team and since then he has worked in roles across the nursing spectrum, developing a vast range of experience in multiple disciplines.

This experience led Paul to want to delve further into his PhD, focusing on the extracorporeal membrane oxygenation (ECMO) nursing workforce, and the dedicated time it required to achieve that.

Now, thanks to the generosity of Anita Castan in funding the Castan ICU Fellowship, Paul is able to commit two days a week to continue his research.

"I'm so appreciative to get dedicated time to do this," Paul said. "I also am able to engage with other nurses, to offer support, guidance and role modelling. There's such a big team of nurses across the ICU — it really is about collaboration and supporting each other as well."

"That's the big thing about nursing: everything in healthcare is a team game, everyone plays a role — and that's why The Alfred is perfectly suited to that multidisciplinary approach."

Deputy Director of the Department of Intensive Care and Hyperbaric Medicine, Professor Andrew Udy, regards research and developments in this area as crucial to progressing Intensive Care nursing practices.

"Intensive care is a big part of The Alfred in terms of the acute services we provide ... all of our highest need patients are in Intensive Care," he said. "A big part of the Intensive Care structure is the workforce, which mainly comprises nurses."

They are very much at the forefront of delivering critical care, which is why we're really keen to promote as much as possible nurses getting involved in research."

Prof Udy said that there was "no doubt" that innovations and developments had allowed The Alfred to become a leader in Intensive Care medicine in Australia, driven through some dedicated people doing research, asking important questions about why we do what we do and if they can be done differently.

"The only way to do that is to get time away from the clinical space — to think, read, look and collaborate with others and really put into perspective what we do and think critically about our practice," he said.

"That is why this Fellowship is so important and why we are so incredibly grateful for it. We can't do this sort of thing without the support of donors."



Paul Ross is incredibly grateful for the opportunity granted to him through the Castan ICU Fellowship.



PROJECTS FUNDED IN 2022:

- + The Jenkins Fellowship for Lymphoma
- + Two nursing scholarships
- + Pulmonary Fibrosis Research Fellow
- + Castan ICU Nursing Research Fellowship
- + L.E.B. Fellow in Myeloma
- + DS Rosengarten Surgical Trainee Research Prize
- + P.A.R.T.Y (Prevent Alcohol and Risk-Related Trauma in Youth) Program

Thanks to our supporters

Financial year 2021-2022

LIFE PATRONS

Di Bertalli
Neville Bertalli
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Paula Fox AO
John Gandel AC
Pauline Gandel AC
Gerry Ryan OAM
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YEAR IN REVIEW 2022

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Nola Therese Bren Donation
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Estate of Kevin David Brown

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Estate of Philippe Andrey Davies
Estate of Alice Letitia D'Esterre Taylor
Estate of Mary Ann Edwards
Estate of Aleida Ekkel
Estate of Leon Fennessy
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James Richardson Medical Research Foundation
E and D Rogowski Foundation
The Geoffrey Mallin Rollason Trust
Mr and Mrs Simon Rothberg Charitable Trust
Estate of Walter J Rushbrook
The Valda Salton Charitable Trust, managed by Equity Trustees
Sartori Medical Research Fund
Estate of Russell Thomas Scott
Vladimir and Georgia Selar Bequest
Estate of Joyce Shaddick
Estate of William Arthur Shipperlee
Estate of Alan Ross Singer
Estate of Valda Skinner
Estate of Mary Marjory Smart
Estate of Heather Sybil Smith
Estate of Valerie Smith
Estate of Margaret Rose Soper
The Yvonne Patricia Stevens Family Trust
Estate of Donald D Stuart
John Henry James Symon Charitable Trust
Mary Symon Charitable Trust
Estate of Garry Tansell
Flora Louisa Thompson Charitable Trust
Estate of William Eastwood Thompson Perpetual Foundation - The Gary Thomson Endowment
Estate of John Matthew Tingate
Estate of Mimi Kin May Tuck
Estate of Mark Turner
Estate of Richard Turner
Estate of Dorothy May Wakefield
Eliza Wallis Charitable Trust
Annie Josephine Wellard Charitable Trust
Sydney Maxwell Wellard Charitable Trust
Estate of Emily Vera Winder
Charles Wright Charitable Trust
Estate of John Frederick Wright

Our community



Anthony's awesome achievement

One of our most inspirational community fundraisers, Anthony Moffatt, completed his epic 4000km bike ride from Tidal River in Victoria to Cape Tribulation in far north Queensland during July. Cycling more than 100km a day after starting the ride in May, Anthony raised more than \$28,500 to help The Alfred find a cure for brain cancer.

Anthony is himself a brain cancer patient at The Alfred — his determination during this incredibly challenging ride had the whole of The Alfred Foundation in awe on a daily basis. Anthony was accompanied on his journey by his wife Arlene, who drove their car while towing a caravan and acted as support crew every step of the way.

Anthony was his own PR machine and was interviewed along the way by 3AW radio, ABC TV and many local radio stations. Anthony's love for vanilla slices helped fuel his journey — each day Anthony sought out a vanilla slice at local bakeries along his route, rating them out of 10. Hunter Bakery's vanilla slice was named The Best on the East Coast by Anthony — and with that many slices under his belt, we think Anthony was very well qualified to make that call.

To Anthony and Arlene — thank you so much for your incredible support and outstanding achievement.

The Alfred Life Support regular giving program

The Alfred Life Support program is a group of committed supporters within our wider community who make regular donations to The Alfred Foundation.

When these generous donors come together to make up our family of Life Supporters, the generosity multiplies and has a profound impact in our hospital. As a Life Supporter, your monthly contribution is not merely measured in dollars, but in the lives changed, the people saved and in the benefit to the entire community.

The program offers a reliable income stream that allows The Alfred to go above and beyond in the care offered to our patients. This year our Life Supporters contributed to the funding of complex cardiac care equipment, wellness programs to support staff mental health and many pieces of equipment critical to the care of patients.

A particularly exciting piece of equipment that was purchased was the Zeiss Angiogram camera for outpatients. This camera provides state-of-the-art high-resolution imagery to examine blood vessels in key areas of the body for abnormalities and diseases, such as aneurysms and atherosclerosis (plaque) respectively.

The incredible commitment from Life Supporters allows us to plan into the future and has a huge impact on our day-to-day operations and ultimately the care of our patients. If you are interested in joining the Life Support program, please visit regulargiving.alfredfoundation.org.au or email foundation@alfred.org.au

If you are already a valued member of our Life Support program, we couldn't be more grateful for your generosity — now more than ever.

Life Supporters, we salute you!

Our year in numbers

TRANSPLANTS

57

lung transplants

20

heart transplants



#1

hospital in Victoria as voted by Newsweek's **World's Best Hospitals 2022** (85th globally)



1456

major trauma patients

70,088

emergency presentations



27,755

road ambulance arrivals

EPISODES OF CARE

16,833

Alfred Cancer episodes of care

587

burns episodes of care



18,837

Intensive Care Unit occupied bed days

91

extracorporeal membrane oxygenation (ECMO) discharges



7866

emergency operating procedures

715

clinical trials open



specialist outpatient appointments

257,659



OUR PEOPLE

10,519

employees

343

volunteers



* The reporting period for figures is July 2021 to June 2022

**Make the
impossible
possible**

Donate to The
Alfred today



Yes, I would like to donate to The Alfred

\$35 \$60 \$100 \$250 \$1000

Other \$

OR

I want to give a regular monthly gift of \$ to The Alfred to be deducted from my credit card on the last day of each month. (I can cancel at any time by giving 14 days notice)

PLEASE FIND ENCLOSED MY:

Cheque Money order (payable to The Alfred Foundation)

OR, PLEASE DEBIT MY:

Visa MasterCard Amex

HLU235

Name on card:

Card number:

Expiry date: /

Signature:

FROM:

First name:

Surname:

Address:

Phone:

Email:

I am considering including a gift to The Alfred in my Will

I have already included The Alfred in my Will

To make your gift, complete and return this coupon in the enclosed reply paid envelope, or send to:

The Alfred Foundation

PO Box 2021

Prahan VIC 3181

T: 1800 888 878

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Donations of \$2 and over are tax deductible
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