The following conditions are not routinely seen at Sandringham Specialist Consulting Clinics:
- Patients who are being treated for the same condition at another Victorian public hospital
- Surgical consultation for children under 18 years of age
- Patients who are at high anaesthetic risk
- Patients with BMI >40

Patients with a high anaesthetic risk may be referred to The Alfred for further management.

---

**Essential Referral Content**

<table>
<thead>
<tr>
<th>Demographic</th>
<th>Clinical</th>
</tr>
</thead>
<tbody>
<tr>
<td>• Date of birth</td>
<td>• Reason for referral</td>
</tr>
<tr>
<td>• Contact details (including mobile phone)</td>
<td>• Duration of symptoms</td>
</tr>
<tr>
<td>• Referring GP details</td>
<td>• Relevant pathology &amp; imaging reports</td>
</tr>
<tr>
<td>• Interpreter requirements</td>
<td>• Past medical history</td>
</tr>
<tr>
<td>• Medicare number</td>
<td>• Current medications</td>
</tr>
</tbody>
</table>

---

**Exclusion Criteria**

The Alfred Outpatient Referral Form is available to print and fax to the Outpatient Department on 9076 1252

The following conditions are not routinely seen at Sandringham Specialist Consulting Clinics:
- Patients who are being treated for the same condition at another Victorian public hospital
- Surgical consultation for children under 18 years of age
- Patients who are at high anaesthetic risk
- Patients with BMI >40

Patients with a high anaesthetic risk may be referred to The Alfred for further management.

Sandringham Hospital offers a limited Orthopaedic service including surgery for:
- Shoulders
- Hip and Knees (including Total Hip and Knee replacements)
- Ankles and Feet

Please see The Alfred Orthopaedic referral guidelines for more referral information for these conditions.

---

COVID-19 Impact — Specialist Clinics May 2020

As part of Alfred Health’s COVID-19 response plan, significant changes have been made to Specialist Clinic (Outpatient) services. All referrals received will be triaged; however, if your patient’s care is assessed as not requiring an appointment within the next three months, the referral may be declined.

Where possible, care will be delivered via telehealth (phone or video consultation).

Further information regarding the specialists attending the Sandringham Orthopaedic clinic is available here.

Please note: The times to assessment may vary depending on size and staffing of the hospital department.

If you are concerned about the delay of the outpatient appointment or if there is any deterioration in the patient’s condition, please contact the Orthopaedic Registrar on call on 9076 1000.