

Specialist Clinic Referral Guidelines

ORTHOPAEDICS – SANDRINGHAM HOSPITAL

If there is a concern about the delay of the appointment, or any deterioration in the patient's condition, please send an updated referral with additional information.

If the patient's care needs have become urgent, please call the unit registrar on call on 9076 2000.

To refer your patient to Specialist Outpatient Sandringham orthopaedic clinics

Please send your referral to Alfred Specialist Clinics via **Consultmed eReferral**. To log in or create a free [Consultmed account](#) click [here](#).

Alfred Health's preference is for all referrers to utilise eReferral; however, referrals can be sent via fax to (03) 9076 6938 , or email to op.referrals@alfred.org.au whilst we transition our services to this secure platform.

Where appropriate and available, the referral may be directed to an alternative specialist clinic or service.

Please note a referral may be declined if it does not contain essential information required for triage, if the condition is not appropriate for referral to a public hospital, or is a condition not routinely seen at Alfred Health.

The clinical information provided in the referral will determine the triage category. The triage category will affect the timeframe in which the patient is offered an appointment. Waiting times to scheduled appointments vary across clinics and are impacted by factors including clinic demand, capacity and staffing. You can view waiting times to scheduled appointments for urgent and routine referrals [here](#).

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The following conditions are not routinely seen at Sandringham Specialist Consulting Clinics:

- Patients who are being treated for the same condition at another Victorian public hospital
- Surgical consultation for children under 18 years of age
- Patients who are at high anaesthetic risk, including a history of obstructive sleep apnoea
- Patients with BMI > 40

Sandringham Hospital offers a limited Orthopaedic service including surgery for:

- Shoulders
- Hip and Knees (including Total Hip and Knee replacements)
- Ankles and Feet

Please see [The Alfred Orthopaedic referral guidelines](#) for more referral information for these conditions.

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Please include in your referral:

Demographic details: <ul style="list-style-type: none">• Date of birth• Patient's contact details including mobile phone number• Referring GP details• If an interpreter is required• Medicare number	Clinical information: <ul style="list-style-type: none">• Reason for referral• Duration of symptoms• Relevant pathology and imaging reports• Past medical history• Current medications
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information regarding the specialists attending the Sandringham Orthopaedic clinic is available [here](#).

Please note: The times to assessment may vary depending on size and staffing of the hospital department.

If there is a concern about the delay of the appointment, any deterioration in the patient's condition, or if an urgent specialist opinion is required, please contact the Orthopaedics Registrar on call on 9076 1000.