

# Looking after someone at home – Further information for carers

## Palliative care resources for carers

### Helplines for carers:

- Carerhelp: [Helplines for carers \(PDF\)](#)

### Tips from carers:

- Carerhelp: [Tips from carers \(PDF\)](#)

### Palliative Care Victoria carer resource flyer:

- Palliative Care Victoria: [Resources for carers \(PDF\)](#)

### Canteen bereavement and loss resource:

- Canteen: [For young people: Bereavement & loss from cancer](#)

### CarerHelp website:

- Carerhelp: <https://www.carerhelp.com.au/>

### Australian Centre for Grief and Bereavement website:

- Australian Centre for Grief and Bereavement: <https://www.grief.org.au/>