

## Alfred Health GP News

### Welcome to the December edition of Alfred Health GP news.

Wishing you and your families a happy and safe festive season, and all the very best for the New Year. We look forward to working with you again in 2018.

Contact us for any queries on  
9076 2620, or email us at [gp.liaison@alfred.org.au](mailto:gp.liaison@alfred.org.au)

#### **Alfred Health now uploading discharge summaries to My Health Record**

Alfred Health have now commenced uploading discharge summaries for inpatient episodes to My Health Record. From November 27<sup>th</sup>, patients who have registered for the My Health Record and are discharged from Alfred Health will have their discharge summaries uploaded, unless the patient has withdrawn consent for this to occur. The discharge summary will be uploaded to My Health Record when the discharge summary is sent to the patient's nominated GP.

Click [here](#) for more information for health care providers about My Health Record.

#### **Asthma and allergy course**

The Allergy unit at The Alfred warmly invite you to join us for an educational symposium in allergy, to be held on **Saturday 17th March, 2018** from 8.30am to 4pm at the AMREP Education Centre, Alfred Hospital, Melbourne

The cost is \$150 (early bird) for registration by 25th January 2018, \$180 after 25th January 2018.

Topics will include aero-allergy, thunderstorm asthma, drug allergy, food allergy, paediatric allergy, anaphylaxis & venom allergy, allergic skin conditions, occupational & environmental allergy.

The RACGP has accredited the course for 40 category one points. To qualify for the points, participants must complete the predisposing and reinforcing activities and the feedback form, as well as attending the symposium. Details of these will be sent upon registration.

Registration is at the [Try Booking](https://www.trybooking.com/SCPG) website. If the link doesn't work, please copy and paste this address into your browser: <https://www.trybooking.com/SCPG>

### **Caulfield service helping adults with type 2 diabetes**

Caulfield Community Health Service (CCHS) has a new service to help adults with type 2 diabetes self-manage their condition. The service offers access to a diabetes nurse educator (DNE), dietitian and exercise physiologist who work with clients to help them achieve their goals.

Diabetes Nurse Educator, Lynette Schroen, says the service is person-centred. "Our clients have mixed needs - from learning about appropriate food choices to wanting to exercise more." The service is about supporting them develop healthier lifestyles," Lynette said.

Attendance does not count towards the 5 allied health services available through the EPC. Standard fees for service are income tested (\$9.90 for low income earners, pensioners or health care card holders. \$15.10 for medium income earners). No clients will be disadvantaged by inability to pay.

Referrals can be made by faxing a referral letter to Caulfield Access on 9076 6733.

For clinical enquiries contact: Lynette Schroen, DNE on 9076 4102 (Mon, Wed, Thurs)



*The type 2 diabetes service team (from L-R): Helen Mertin (Project Coordinator) Julia Kent-Hughes (Dietitian), Sara Marwick (Exercise Physiologist) and Lynette Schroen (Diabetes Nurse Educator)*

## **Exercise course for patients with Ankylosing Spondylitis at Caulfield Hospital**

An exercise course specifically designed for patients with ankylosing spondylitis has been established by the physiotherapists at Caulfield Community Health Service (Caulfield Hospital.) The course aims to promote self-management through exercise, education and practical sessions (home program, gym, Pilates and hydrotherapy.)

The six week course will be held twice yearly at Caulfield Hospital on Monday evenings from 6-8pm. The next course will commence on Mon 12th February.

Patients can be referred to the CCHS Access unit by faxing a referral letter to 9076 6773. Patients will be assessed individually prior to course commencement. There is a flat fee for the 6 week course of \$180 plus the standard CCHS fee for initial assessment (no Medicare/private health rebates applicable).

For more information, contact physiotherapists Belinda Coulter or Matthew Blanckensee on 9076 6804.

### **GP Liaison at Alfred Health – we're here to help!**



Our GP Liaison team – Dr Josie Samers and Tracey O'Connell – are here to assist you in navigating Alfred Health. Whether it's a missing discharge summary, assistance with getting an outpatient appointment or suggestions on how we can do things better, we are here to help. Our office is attended on Mondays, Tuesdays and Fridays; phone 9076 2620 or email us [gp.liaison@alfred.org.au](mailto:gp.liaison@alfred.org.au).



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