

# Alfred Health GP News

**Welcome to the June edition of Alfred  
Health GP news.**

**We welcome your feedback and suggestions.**

**Contact us for any queries**

**on 9076 2620, or email us at [gp.liaison@alfred.org.au](mailto:gp.liaison@alfred.org.au).**

## **Relocation of Alfred Health's Community and Pulmonary Rehabilitation programs**

Alfred Health's Community Rehabilitation and Pulmonary Rehabilitation programs currently based at Inner South Community Health Service in South Melbourne are moving later this month.

Please note the new address for each service below when referring clients to our service.

From the **22nd of June 2017**, patients will need to attend the following addresses for rehabilitation programs:

### **For Community Rehabilitation:**

Caulfield Hospital  
The Ashleigh Ricketson Centre  
260 Kooyong Rd, Caulfield

### **For Pulmonary Rehabilitation:**

The Alfred Physiotherapy Department  
Level 4, Phillip Block  
55 Commercial Road, Melbourne

For more information about the Community Rehabilitation Program, please contact the department on (03) 9076 6207.

For more information about the Pulmonary Rehabilitation Program, please contact the department on (03) 9076 6700.

## Modecate (Fluphenazine deconoate) to be discontinued

Modecate (fluphenazine deconoate) is an older first-generation long-acting injectable antipsychotic. It is currently available as 12.5mg/0.5mL, 25mg/mL and 50mg/2mL ampoules. Bristol-Myers Squibb Australia Pty Ltd has now discontinued the manufacture of Modecate. This is a worldwide withdrawal.

The withdrawal of supply of Modecate follows the withdrawal of Stelazine (trifluoperazine), another older first- generation oral antipsychotic medication, in early 2017.

Patients with a diagnosis of Schizophrenia, Schizo-affective disorder or Bipolar disorder may be prescribed Modecate or Stelazine alone or in combination with other psychotropic medication and managed in primary care. Affected patients will require a changeover to alternative anti-psychotic medication. This exposes the patients to risk of relapse of their mental health condition with emergence of rebound psychosis and/or withdrawal emergent tardive dyskinesia.

General Practitioners are advised to refer such patients residing in the Alfred psychiatry catchment for a primary mental health assessment in order to draw up an appropriate treatment plan involving cross over to alternative anti-psychotic regime. Referrals can be made by ringing

St Kilda Road Clinic: Phone 9076 9888

Waioara Clinic: Phone 9076 4700

Mobile Aged Psychiatry: Phone 9076 6012.

## Sandringham ED welcomes new paediatric specialists



Sandringham Hospital has seen a significant spike in the number of children presenting to the Emergency Department. In 2015, around 9000 children presented to Emergency with a range of illnesses and injuries, but that figure has grown almost 8 per cent over the past year. To meet the increased demand, the hospital has employed two paediatric specialists - Dr Robert Melvin, Clinical Lead for Paediatric Emergency Medicine, and Corinne Dunningham, Paediatric Clinical Nurse Educator (pictured).

## The Alfred GP Hotline

The General Medicine unit has a dedicated phone number for GPs to call for direct access to a registrar to arrange admissions directly to the ward, or MDU admissions for iron/ blood transfusions etc. The hotline can also be utilised for complex care patients who are deteriorating in the community, not only for advice but also to link in with harp services/ outpatient clinic/ home visits etc. **The GP Hotline number is 0428 626 183.**

The medical registrar will be attending to these calls from 8am - 5pm, Monday to Friday. After hours, the calls will be taken by the General Medicine Streaming Registrar.

## Save the date – Irritable bowel syndrome workshop for GPs

The Alfred Gastroenterology department and Monash University are conducting a workshop “Demystifying the diagnosis and management of IBS” to be held in the AMREP centre, Alfred Health on **July 15th**. The workshop has been accredited for 40 Category 1 QI/CPD points with the RACGP.

GPs are warmly invited to attend. Further details including how to register will be sent to you soon.

## GPs are invited to attend Grand Rounds at The Alfred

The Alfred Hospital Grand Round is the premier weekly event on campus where physicians, surgeons, radiologists, pathologists, anaesthetists, researchers, Alfred Health registrars and other trainees enjoy a convivial and educational atmosphere with a broad cross-section of their colleagues. GPs are warmly invited to attend.

The Alfred Grand Rounds are held **each Thursday in the AMREP seminar room, from 12.30 – 1.30pm**. Lunch is provided from 12pm. Each session begins with a 5 minute clinical vignette for discussion, followed by the main presentation of 45 minutes duration, with time for questions.

The program includes speakers from most disciplines, including medicine, surgery, anaesthesia, trauma and the on-site research institutes.

Upcoming Grand Rounds are:

Thursday 15 <sup>th</sup> June	Legal counsel
Thursday 22 <sup>nd</sup> June	Neurology
Thursday 29 <sup>th</sup> June	Haemostasis/Thrombosis
Thursday 6 <sup>th</sup> July	Anatomical pathology

For further information or to receive details of each week’s Grand Round by email, please contact Mary Toye on 9903 0198, or email [m.toye@alfred.org.au](mailto:m.toye@alfred.org.au).

## GP Liaison at Alfred Health – we’re here to help!



Our GP Liaison team – Dr Josie Samers and Tracey O’Connell – are here to assist you in navigating Alfred Health. Whether it’s a missing discharge summary, assistance with getting an outpatient appointment or suggestions on how we can do things better, we are here to help. Our office is attended on Mondays, Tuesdays and Fridays; phone 9076 2620 or email us [gp.liaison@alfred.org.au](mailto:gp.liaison@alfred.org.au).



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