

Alfred Health GP News

Welcome to the August edition of Alfred Health GP news.

We welcome your feedback and suggestions.

Contact us for any queries on
9076 2620, or email us at gp.liaison@alfred.org.au

STRIDE – rapid response falls service

40% of people over the age of 65 will fall each year. STRIDE is a new joint Ambulance Victoria and Alfred Health initiative which aims to prevent unnecessary ambulance call outs and hospital transfers, to minimise the risk of further falls and keep people safe at home for longer. STRIDE is a rapid falls response service which operates from the Alfred Hospital and is delivered in the patient's home by an advanced practice Physiotherapist or Occupational therapist who specialises in falls prevention and intervention.

The STRIDE team are targeting people 65 years and older who have had a fall or multiple falls and are living in the Alfred Hospital catchment (South Eastern suburbs, South of the M1).

The STRIDE clinician will undertake:

- A thorough post fall screen (including primary and secondary survey);
- Multifactorial falls risk assessment;
- Falls prevention education and intervention; and
- Community referrals (where required) and GP correspondence.



Referrals can be received directly from Ambulance Victoria or from the Allied Health ED team and the service is operational 7 days a week, from 7am to 7pm.

If you have an enquiries regarding the service, please contact us on 0419 667 099 or email gcfallsservice@alfred.org.au . For more information see the [STRIDE webpage](#).

Telehealth at The Alfred

The roll out of a coordinated approach to telehealth in Outpatient clinics at Alfred Health has commenced. Our internet-based video platform, Health Direct, offers patients a flexible and convenient way to attend their next outpatient appointment in the comfort of their home.

In June, three Alfred units (Infectious Diseases, Gastroenterology, and Burns) commenced using telehealth and had successful test consultations with patients. Further units will commence using the platform in August and September. Our system changes and website are now live, with staff training underway. For more information, visit our [Alfred telehealth website](#).

Irritable bowel syndrome workshop for GPs

The Alfred Gastroenterology department and Monash University are conducting a workshop "Demystifying the diagnosis and management of irritable bowel syndrome" to be held in the AMREP centre at The Alfred on **Saturday Sept 16th 9am-5pm**. The workshop has been accredited for 40 Category 1 QI/CPD points with the RACGP.

GPs are warmly invited to attend. Further details including how to register can be found [here](#).

Health Care in a Person-Centred Era: Communicating to Improve Outcomes

The Alfred Health General Medicine unit and the Monash University Centre of Research Excellence in Patient Safety invite GPs to join a group of transformational speakers, facilitators and local consumers to discuss the impact, evidence, strategies and practicalities of providing person-centred care. You will leave with a toolkit to use in your practice and a new network of health professionals committed to improving patient care through better engagement and communication.

The event will be held on Friday, 22nd September from 9am to 4.30pm in the AMREP Lecture Theatre at The Alfred. The cost is \$250 and includes lunch, morning and afternoon tea. You can register and pay by credit card [here](#). Enquiries Melissa.gillespie@monash.edu or phone 9903 0891.

Chronic pain management GP symposium – please note change of date



The Acute Pain service at Alfred Health are holding a GP symposium "Agendas surrounding the management of chronic pain in the community" on **Saturday 2nd December from 8am-5:00pm**. The symposium will be held at The Alfred, Commercial Rd Prahran. Topics include multidisciplinary management of back pain, weaning patients off complex multimodal analgesics, and managing opioids in the community.

RACGP accreditation for 40 Category 1 CME points are being sought. The cost is \$180 and includes morning tea and lunch. Further details will be available shortly, but to register your interest please email us at gp.liaison@alfred.org.au.

GPs are invited to attend Grand Rounds at The Alfred

The Alfred Hospital Grand Round is the premier weekly event on campus where physicians, surgeons, radiologists, pathologists, anaesthetists, researchers, Alfred Health registrars and other trainees enjoy a convivial and educational atmosphere with a broad cross-section of their colleagues. GPs are warmly invited to attend.

The Alfred Grand Rounds are held **each Thursday in the AMREP seminar room, from 12.30 – 1.30pm**. Lunch is provided from 12pm. Each session begins with a 5-minute clinical vignette for discussion, followed by the main presentation of 45 minutes' duration, with time for questions.

The program includes speakers from most disciplines, including medicine, surgery, anaesthesia, trauma and the on-site research institutes.

Upcoming Grand Rounds are:

Thursday 10 th August	'Trauma Wonderland' presented by Dr Helen Stergiou
Thursday 17 th August	Biochemistry
Thursday 24 th August	General Medicine
Thursday 31 st August	Renal

For further information or to receive details of each week's Grand Round by email, please contact Priyanka Chahal on 9903 0198, or email P.Chahal@alfred.org.au.

GP Liaison at Alfred Health – we're here to help!

Our GP Liaison team – Dr Josie Samers and Tracey O'Connell – are here to assist you in navigating Alfred Health. Whether it's a missing discharge summary, assistance with getting an outpatient appointment or suggestions on how we can do things better, we are here to help. Our office is attended on Mondays, Tuesdays and Fridays; phone 9076 2620 or email us gp.liaison@alfred.org.au.



If you do not wish to receive this newsletter please email us at gp.liaison@alfred.org.au.