

# Alfred Health GP News

**Welcome to the October edition of Alfred Health GP news.**

**We welcome your feedback and suggestions.**

**Contact us for any queries**

**on 9076 2620, or email us at [gp.liaison@alfred.org.au](mailto:gp.liaison@alfred.org.au).**

## **GP and practice nurse education – tell us what you think!**

Alfred Health has a range of enthusiastic specialists keen to link with GPs and practice nurses in our local area, and we aim to provide ongoing training and support relevant to your practice in the most effective and convenient way. We are looking at how best to provide education to GPs and practice nurses, and would greatly appreciate your feedback via a very short, **two minute survey** of what education interests you most and what format this might take. Suggestions for topics for ongoing education are very welcome. To provide your feedback, please visit the Survey Monkey link [here](#).

## **Interim medication charts for residential care patients**

Medication errors commonly occur during transitions of care between health care services, including when care is transferred from a hospital to a residential care facility (RCF).

As part of a Department of Health and Human Services Workforce Innovation Grant, Alfred Health are undertaking a project to provide a seven-day interim residential care medication administration chart (IRCMAC) for patients discharged from the General Medical Units at The Alfred and Sandringham, Emergency Short Stay Units and the sub-acute aged care wards at Caulfield Hospital to ten selected residential aged care facilities. The interim medication chart is prepared by the ward pharmacist in conjunction with the hospital medical team, and can be used by the residential care staff until the patient is reviewed by their usual GP. The ten residential care facilities included in the study are Coppin House, Gary Smorgon House, Smorgon Nursing Home, Montefiore homes, Central Park, Elanora Nursing Home, Emmy Monash Aged Care, Abberfield Aged Care, Regis Sandringham (Seaside Manor), Menarock Aged Care Services and Rosehill Aged Care. The observational pre-intervention phase will begin in the next few weeks.

## **GPs are invited to attend Grand Rounds at The Alfred**

The Alfred Hospital Grand Round is the premier weekly event on campus where physicians, surgeons, radiologists, pathologists, anaesthetists, researchers, Alfred Health registrars and other

trainees enjoy a convivial and educational atmosphere with a broad cross-section of their colleagues. GPs are warmly invited to attend.

The Alfred Grand Rounds are held **each Thursday in the AMREP seminar room, from 12.30 – 1.30pm**. Lunch is provided from 12pm. Each session begins with a 5 minute clinical vignette for discussion, followed by the main presentation of 45 minutes duration, with time for questions.

Upcoming Grand Rounds are:

|                                    |   |
|------------------------------------|---|
| Thursday 20 <sup>th</sup> October  | Alfred Week   |
| Thursday 27 <sup>th</sup> October  | Allergy, Immunology and Respiratory Medicine (AIRMED) |
| Thursday 3 <sup>rd</sup> November  | Radiology   |
| Thursday 10 <sup>th</sup> November | Cases from clinical review                            |
| Thursday 17 <sup>th</sup> November | Stroke  |

For further information or to receive details of each week's Grand Round by email, please contact Priyanka Chahal on 9903 0198, or email [P.Chahal@alfred.org.au](mailto:P.Chahal@alfred.org.au)

### **Referral guidelines and referral forms on the Alfred website**

We are continually trying to improve our Alfred Health 'For GPs' website, and have recently made some changes to make accessing the information you are seeking easier to find. You can now more readily access:

- [Referral guidelines](#) which outline the triage process and provide information about when to refer, what information, including investigations, are requested in referrals; the priority for each condition listed; and any conditions which are not routinely seen at Alfred Health.
- [Referral forms](#) including The Alfred Specialist Consulting Clinics, Gastrointestinal Endoscopy, EEG/EMG, Heart Centre, Cath Lab and Mental Health services referral forms.
- Information about [Services and Clinics](#) for health professionals and patients.

We would love to hear from you with feedback about our website. Email us at [gp.liaison@alfred.org.au](mailto:gp.liaison@alfred.org.au) and tell us what you think.

### **The Alfred Child & Youth Mental Health Service**

The Alfred Child & Youth Mental Health Service (CYMHS) offers a coordinated mental health service for young people and their families. GPs can refer for issues including:

- not wanting to go to school
- trouble controlling temper or tantrums
- potential or actual harm to self or others
- feeling sad, depressed, angry, stressed, or anxious
- feeling shy or withdrawn
- not getting along with family, friends or others
- bullying or being bullied
- difficulties with co-ordination, social skills, learning and attention and concentration
- difficulties with play, speech and language

- eating and sleeping problems
- feeling or acting suicidal
- unusual experiences such as hearing voices, seeing strange things, having beliefs that seem out of touch with reality
- mental health and alcohol or drug problems
- experience of trauma or abuse.

Services are available for people aged 0-25 living in the municipalities of Port Phillip, Stonnington and Glen Eira. Services are available for people aged 0-18 living in the municipalities of Bayside and Kingston.

The Alfred Child and Youth Mental Health Service is at Level 2, 999 Nepean Hwy, Moorabbin. Phone (03) 8552 0555, or fax the completed [referral](#) to (03) 8552 0444.

Further details about Alfred Health mental health services can be found [here](#).

### **GP Liaison at Alfred Health – we're here to help!**



Our GP Liaison team – Dr Josie Samers and Tracey O'Connell – are here to assist you in navigating Alfred Health. Whether it's a missing discharge summary, assistance with getting an outpatient appointment or suggestions on how we can do things better, we are here to help. Our office is attended on Mondays, Tuesdays and Fridays; phone 9076 2620 or email us [gp.liaison@alfred.org.au](mailto:gp.liaison@alfred.org.au).



*If you do not wish to receive this newsletter please email us at [gp.liaison@alfred.org.au](mailto:gp.liaison@alfred.org.au).*