

ALFRED HEALTH - Grade 1 Rotations

Rotation		Grade 1 Contact	Senior Contact
THE ALFRED			
Resp AM	<ul style="list-style-type: none"> The Alfred is the state wide Adult and National Paediatric Lung Transplantation Service RES 1- Lung Transplant – ICU / ward post-op, pre-Tx assessment, OP pre/post Tx gym including VADs RES 3- COPD, Bronchiectasis, General Respiratory, OP Pulmonary Rehabilitation RES 4- Asthma and Allergy <p><i>“Many exciting opportunities to treat patients who are extremely unwell, with the opportunity to follow patients post lung transplant, witnessing the amazing recovering post-op and through outpatient rehab.”</i></p>	Pager: 5279	Ben Tarrant Lung Transplant Pager: 5036
Resp PM	<ul style="list-style-type: none"> The Alfred is the state wide Adult Cystic Fibrosis Service RES 2- Cystic fibrosis 1:30-9:30 pm- Free car parking pass Completing exercise assessments and musculoskeletal assessments 2-3 times daily treatments; airway clearance and exercise <p><i>“Challenging experience working with a primarily young population, with emphasis on health promotion. Working along side an amazing CF physio guru.”</i></p>	Pager: 4233	Brenda Button Resp Stream Leader Pager: 4601
ICU	<ul style="list-style-type: none"> Involves treating a wide variety of critically ill patients (both ICU and HDU patients) under various units. Caseload is variable but common conditions seen are burns, general surgery and cardiothoracic surgery, haematology, ARDS, multi-trauma and neurosurgery. Based mostly in general pod of ICU but also have caseload in cardiothoracic and trauma pods Become competent in advanced techniques including MHI, VHI and NIV as well and developing skills in early rehabilitation and assisting with respiratory weaning critically ill patients. <p><i>“A really challenging rotation where there is so many opportunities to learn and develop new skills. It enables you to become really competent in independently managing critically ill patients with the assistance of wonderful senior support”</i></p>	Pager: 4238	Scott Bradley ICU Stream Leader Pager: 4237

<p>CT/ICU</p>	<ul style="list-style-type: none"> ▪ Mixed caseload between ICU/HDU and wards. ▪ CTHR: Cardiothoracic surgery- CAGS, valve replacements, pleurodesis, lobectomy, heart transplant, pneumothorax. Potentially some exposure to lung transplantation. ▪ CAGE (General Cardiology) ▪ CAHF: (Cardiology- heart failure, ventricular assist devices (VAD)) ▪ Heart transplant assessments ▪ Competency in advanced techniques VHI, NIV, VADs and ECMO, early rehabilitation of complex critically ill patients <p><i>“Well supported rotation with the opportunity to master skills under fantastic guidance. Opportunities to become familiar with life saving treatments including ECMO and VADs.”</i></p>	<p>Pager: 4199</p>	<p>Kate Hayes</p> <p>Cardiothoracics</p> <p>Pager: 4236</p>
<p>Trauma</p>	<ul style="list-style-type: none"> ▪ Senior Rotation: ▪ Need previous ICU and Ortho experience. ▪ Mixture between ICU and wards. ▪ Supported by Grade 2 and 3 Trauma physiotherapists ▪ Complex patients with multiple orthopaedic, neurological (Including SCI) and chest injuries eg. Patients post MVA, MBA, assault, high falls, near drowning etc ▪ Includes management of tracheostomies, NIV, Cough Assist, Halo’s, spinal orthoses and collars, UL/LL braces/splints, manual handling equipment, tilt tables etc ▪ Assist in running P.A.R.T.Y (Program to Prevent Alcohol Related Trauma in Youth) <p><i>“An excellent opportunity to work with a diverse group of challenging and sometimes critically ill patients from ED to starting rehab on the ward. Often fast paced but well supported by senior staff”</i></p>	<p>Pager: 4284</p>	<p>Sara Calthorpe</p> <p>Trauma</p> <p>Pager: 4170</p>
<p>Ortho acute (2 rotations)</p>	<ul style="list-style-type: none"> ▪ Elective orthopaedic caseload, including THR, TKR, ACL reconstructions, shoulder surgery (SAD, reverse and total replacements), foot surgery etc ▪ Ortho trauma caseload including isolated, but often multiple orthopaedic injuries ie: #NOF, # UL/LL’s, # spines and pelvis. Fractured NOF patients seen x3 daily as part of “Hip for Hips” service ▪ Strong focus on proactive discharge planning for both elective and trauma cohorts ▪ Review Rheumatology patients by referral and triage inpatient Psychiatric referrals to most appropriate staff member in department depending on patient need ▪ Attend Thursday and Friday Orthopaedic Grand Round (7am education session with the ortho medical team: Residents through to the Surgeons) and x-ray meetings as able <p><i>“Opportunity to work in a large team of experienced physios in elective surg to complex trauma. Pre & post op Mx of young to elderly pts.”</i></p>	<p>Pagers: 4235 and 6513</p>	<p>Nikki Littlewood</p> <p>Orthopaedics</p> <p>Pager: 5649</p>

<p>Burns & Plastics</p>	<ul style="list-style-type: none"> ▪ The Alfred is the state wide Adult Burns Service ▪ Blanket referrals for all Burns patients and Plastics patients seen by referral ▪ In stream cover for orthopaedics, rheumatology, haemophilia and psychiatry as required. ▪ Management of pts post split skin graft and muscle flap reconstructive surgery ▪ Wound review and joint ranging whilst patient under sedation, in conjunction with anaesthetics surgical and nursing staff ▪ Opportunity to treat in ICU setting ▪ Outpatients follow up as required including scar management, exercise and garment prescription. 	<p>Pager: 4739</p>	<p>Jane Elliott / Liz Capell Burns & Plastics Pager: 4168</p>
<p>Ortho OP</p>	<ul style="list-style-type: none"> ▪ Varied orthopaedic caseload of acute and subacute outpatients, i.e. #UL/LL, ACL reconstructions, RC pathologies, LBP and neck pain, OA knees/hips, post joint replacement, acute soft tissue injuries etc... ▪ Supported by grade 2, 3 and 4 Orthopaedic physiotherapists ▪ Cover # clinic ▪ Responsible for running the OP Ortho gym group (Tuesday 230pm, Thursday 11am) 	<p>Pager: 505284</p>	<p>Jennifer Maciel Outpatients Pager: 5037</p>
<p>Cancer & Renal</p>	<ul style="list-style-type: none"> ▪ <u>MONC</u>: all solid tumours, lung/breast/prostate/GBM/ spinal tumours. ▪ <u>RAD ONC</u>: similar as above but having radiotherapy, will see as inpatient and occasional outpatients ▪ <u>Renal</u>: chronic kidney failure/disease, inpatients on dialysis, work up or post amputations. ▪ Haematology: occasionally. PML, AML <p><i>“Working within a well set up and wonderful multi disciplinary team to facilitate optimal recovering and improved quality of life.”</i></p>	<p>Pager: 4173</p>	<p>Claire Boote PAN Stream Leader Pager:4173</p>
<p>ID</p>	<ul style="list-style-type: none"> ▪ The Alfred is the state wide service for Infectious diseases and HIV. ▪ <u>Infectious diseases</u>: HIV, TB, septic arthritis, H1N1, viral infections, endocarditis, discitis/osteomyelitis ▪ <u>Endo</u>: usually admitted for unstable BSL’s. Referred generally for mobility r/v, foot debridements and trans/metatarsal or foot amputations. ▪ <u>Urol</u>: post-op patients ▪ <u>Derm</u>: very occasionally- sometimes treat in conjunction with burns physio. Generally referrals regarding cellulitis. ▪ <u>HIV service</u>: <ul style="list-style-type: none"> ▪ Assessment of all inpatients ▪ Running outpatient and inpatients exercise groups, on and off site including, circuit, hydro, tums and bums, pilates. 10 groups per week. ▪ Outpatient exercise assessments ▪ Outpatient musculoskeletal assessments and treatments (hip/knee/shoulder pain). <p><i>“Exciting and interesting rotation with many different aspects. Opportunity to run high level exercise groups.”</i></p>	<p>Pager: 4175</p>	<p>Mark Binette Infectious Diseases Pager: 4816</p>

<p>GMU</p>	<ul style="list-style-type: none"> • GMU patients are predominantly located on the 4th floor, with the exception of outliers • Divided into 5 separate units: GMA, GMB, GMC and GMD (GME over winter) • Patient cohort involves aged patients, patients with significant comorbidities and patients awaiting formal diagnosis. • Main referrals for physiotherapy include mobility decline, safety concerns, as well as physiotherapy treatment for respiratory conditions such as pneumonia, exac COPD and tracheostomy management. • Work closely with the multidisciplinary team and often involved with complex d/c planning 	<p>Pager: 5405</p>	<p>Claire Boote PAN Stream Leader Pager: 4064</p>
<p>Acute Neuro</p>	<ul style="list-style-type: none"> ▪ Involves the management of Stroke, Neurosurgery and Neurology patients ▪ <u>Stroke</u> – infarct/haemorrhagic stroke, inc supratentorial, cerebellar and brainstem strokes. ▪ <u>Neurosurgery</u> – TBI, tumours (GBM, metastatic lesions), aneurysm, ACDF, laminectomy and micro discectomy, SAH (vasospasm/EVD management), SDH. Brace/# management – HALO, Aspen, Miami JTO, TLSO ▪ <u>Neurology</u> – MS, GB, PD, functional neurological disorder, vestibular disorders. ▪ Patient functional levels vary from minimal neurological deficits (high level balance) to major deficits involving complex manual handling, problem solving and management. ▪ Opportunities to build skills in complex respiratory management, e.g. tracheostomies, suctioning, NPA <p><i>“A very enjoyable and well supported rotation from experienced senior staff. Exposure to a variety of interesting neurological presentations. A chance to develop complex manual handling skills and post-surgical management.”</i></p>	<p>Pager: 4167</p>	<p>Karyn Richardson Neurosciences Pager: 4174</p>
<p>SANDRINGHAM</p>			
<p>Sandringham</p>	<ul style="list-style-type: none"> ▪ Fantastic opportunity to work in various physiotherapy roles. ▪ Working together with the small and dedicated team of physiotherapists at Sandringham, supported by grade 2 staff. ▪ The majority of caseload in acute surgical wards with a majority caseload of ortho, as well as general medical patients. <p>Each day is different though with opportunities to work across:</p> <ul style="list-style-type: none"> ▪ Day surgery (referrals, exercises, education) ▪ E.D. (acute spinal, dizziness assessments, mobility post trauma, falls screening/discharge planning for aged care) ▪ Outpatient ortho clinic including pre-admission ▪ Women’s health (postnatal, antenatal classes, outpatients, inpatient gynae surgery/obstetrics) 	<p>Pager: 6257</p>	<p>Jen Butler / Diana Leske Sandringham Pager: 6361</p>

	<p><i>"I would highly recommend the Sandy rotation. It provides an interesting, challenging yet thoroughly enjoyable learning environment. Rotating Grade 1 physiotherapists are lucky to work with very supportive and experienced seniors and with Sandy being a smaller hospital, it is lovely to feel a valued member of the close-knit allied health team. Finally, it would be remiss not to mention the physiotherapy team's amazing morning tea spreads and the weekly scones that the hospital provides!"</i></p>		
CAULFIELD			
ACG	<ul style="list-style-type: none"> ▪ Slow stream rehab / GEM 15 beds ▪ + 15 beds dementia specific (looked after by grade 2) ▪ Mixed case load – ortho (trauma/fractures), neuro (stroke/ABI/Parkinson's) and general medicine (COPD, deconditioning, falls) ▪ Access to brand new mobility garden for outdoor integration and retraining ▪ Complex discharge planning in a close multidisciplinary team environment ▪ Student supervision opportunities <p><u>*Possible opportunity for experience in Cardiac Rehabilitation:</u></p> <ul style="list-style-type: none"> • 1-2 mornings per week • OP cardiac rehab program – duties include d/c, bike assessments, running exercise groups, education lectures, setting discharge programs <p><i>"Great mentoring and skill development."</i></p>	<p>Pager: 6177</p>	<p>Melissa Raymond Aged Care Stream Leader 0428 879 068</p>
AC1	<ul style="list-style-type: none"> ▪ Slow stream rehab / GEM ▪ 33 bed ward shared with Gd 2 physio and AHA ▪ Mixed case load – ortho (trauma/fractures), neuro (stroke/ABI/Parkinson's), and general medicine (COPD, deconditioning, falls), bariatric and complex patients ▪ Student supervision opportunities involvement in tutorials ▪ Complex discharge planning in a close multidisciplinary team environment ▪ <u>*Possible opportunity for experience in Cardiac Rehabilitation as per detailed above (ACG)</u> <p><i>"A very enjoyable rotation which gives the opportunity to develop relationships with patients from a variety of cultural backgrounds and work closely with the interdisciplinary team towards discharge planning"</i></p>	<p>Pager: 4674 Pager: 4012</p>	<p>Melissa Raymond Aged Care Stream Leader 0428 879 068</p>

<p>AC2</p>	<ul style="list-style-type: none"> ▪ Slow stream rehab / GEM ▪ 33 bed ward shared with Gd 2 physio and AHA ▪ Mixed case load – ortho (trauma/fractures), neuro (stroke/ABI/Parkinson’s) and general medicine (COPD, deconditioning, falls), bariatric and complex patients ▪ Student supervision opportunities involvement in tutorials ▪ Complex discharge planning in a close multidisciplinary team environment ▪ <u>*Possible opportunity for experience in Cardiac Rehabilitation as per detailed above (ACG)</u> 	<p>Pager: 401</p>	<p>Melissa Raymond</p> <p>Aged Care Stream Leader</p> <p>0428 879 068</p>
<p>AC3</p>	<ul style="list-style-type: none"> ▪ Slow stream rehab / GEM ▪ 33 bed ward shared with Gd 3 physio and AHA/functional conditioning assistant ▪ Case load – as per other Aged Care wards ▪ Student supervision opportunities ▪ Complex discharge planning in a close multidisciplinary team environment ▪ <u>*Possible opportunity for experience in Cardiac Rehabilitation as per detailed above (ACG)</u> <p><i>“Fast paced discharge planning within a great multidisciplinary team”</i></p>	<p>Pager: 1163</p>	<p>Melissa Raymond</p> <p>Aged Care Stream Leader</p> <p>0428 879 068</p>
<p>Neuro rehab (2 rotations)</p>	<ul style="list-style-type: none"> ▪ Case load of approximately 6-8 inpatients from ward Rehab B, working closely with rehab B multidisciplinary team. ▪ Mixture of stroke, hypoxic brain injury, GBS, brain tumour, progressive neuro disease and ABI patients. Both high and low level. ▪ Intensive rehabilitation - see patients 1-2 x daily for 1 hr sessions. ▪ Opportunity to run a Hydrotherapy group 1x a week, and a Fitness group 2x a week. <p><i>“Fantastic opportunity to work with and learn from some amazing Neuro physios. Well supported rotation with heaps of skills to master.”</i></p>	<p>x66777</p> <p>Pager: 6416</p>	<p>Catherine Brooks</p> <p>Neurological Rehabilitation Stream Leader</p> <p>0447 038 216</p>
<p>Spinal</p>	<ul style="list-style-type: none"> ▪ Part of the neurological rehabilitation physiotherapy team. ▪ Mixed case load of non-traumatic spinal cord injuries (mixture of complete and incomplete injuries) and general rehabilitation with a bias to neuro. 6-8 patients. ▪ Supported by a grade 2 and the neuro rehab stream. ▪ Includes seating and wheelchair prescription and maintenance and exposure to SWEP and NDIS processes. ▪ Progression of transfers/ambulation when able and teaching of wheelchair skills. ▪ Opportunity to run Hydrotherpay group and wheelchair-based strengthening and CV group <p><i>“Spinal is a very rewarding rotation as you have the opportunity to assist your patients’ in their journey towards regaining independent function. It is a steep learning curve but you are very supported by senior staff”</i></p>	<p>x66777</p> <p>Pager: 6415</p>	<p>Catherine Brooks</p> <p>Neurological Rehabilitation Stream Leader</p> <p>0447 038 216</p>

<p>Amputees</p>	<ul style="list-style-type: none"> ▪ Mixed inpatient & outpatient caseload of both amputee and orthopaedic patients. ▪ Supported by G2/3 PT. ▪ Split between Rehab A and C ▪ Experience working with above knee, below knee, hip disarticulations and through ankle amputees ▪ Mixture of prosthetic and non-prosthetic rehab. Opportunity to work closely with the prosthetics team and excellent experience in gait analysis. ▪ Includes seating and wheelchair prescription and maintenance. ▪ Hydrotherapy 1x per week. <p><i>“Unique experience in Victoria’s largest amputee rehab centre. Really well supported and lots of opportunity for skill development”</i></p>	<p>x66164</p> <p>Pager: 6421</p>	<p>Heather Curtis</p> <p>Musculoskeletal Rehabilitation Stream Leader</p> <p>0429 413 465</p>
<p>Ortho rehab (2 rotations)</p>	<ul style="list-style-type: none"> ▪ Case load of approximately 10 patients seen 1-2 x daily in ortho physiotherapy gym. ▪ Based on Rehab C ward or in Better at Home program ▪ Supported primarily by G2/3 in ortho rehab. ▪ Fast stream rehabilitation or home based inpatient substitution program ▪ Caseload consists of fractures, trauma and joint replacements, general rehab, possibility of burns rehab. ▪ Often complex discharge planning and complex psychosocial mix – working tightly with a comprehensive, supportive multidisciplinary team ▪ Hydrotherapy 1 x per week <p><i>“Fast paced and dynamic work environment, great team support with good mix of patient types”</i></p>	<p>x66289</p> <p>Pager: 6420</p>	<p>Heather Curtis</p> <p>Musculoskeletal Rehabilitation Stream Leader</p> <p>0429 413 465</p>
<p>Community Rehab</p>	<ul style="list-style-type: none"> ▪ Outpatient (Centre-based) community rehabilitation for clients in the city of Glen Eira and parts of Stonington and Bayside. ▪ Multi-disciplinary team environment with strong interdisciplinary approach. ▪ Mixed physiotherapy caseload including clients with Aged, Orthopaedic, Neurological and General Medical problems. ▪ Patient centred care with strong goal achievement focus. ▪ Responsibility for conducting group therapy classes potentially including Hydrotherapy. ▪ Well supported by Grade 2 and 3 staff in the department. 	<p>x66107</p>	<p>Lana Umansky</p> <p>x66119</p>
<p>ABI (2 rotations)</p>	<p>Advanced grade 1 rotation – need to have neuro rehab experience</p> <ul style="list-style-type: none"> • Works with a caseload of up to 10 inpatients with brain injury – seen depending on need (some will be fast stream rehab style patients, some will be slow stream rehab style patients) • Traumatic and non-traumatic brain injury patients • Complex behavioural management including PTA management experience • Work closely with very experience and skilled senior clinicians and multidisciplinary team to implement holistic patient centred treatment plans. 	<p>Pager: 800058</p> <p>Pager: 800075</p>	<p>Fiona Bahr & Cristie Windfeld-Lund</p> <p>Acquired Brain Injury Unit</p> <p>Via: email</p>

Alice Springs

<p>Alice Springs</p>	<ul style="list-style-type: none">▪ This is a 3 month rotation in a rural hospital working mainly with the indigenous population.▪ 180 bed hospital with maternity, paediatrics, surgical ward, medical ward, renal ward, rapid assessment and discharge unit, ICU/HDU, emergency department and continuing care ward (rehab ward).▪ Work in a supportive allied health team with receptionist, allied health manager, speech pathology, OT, dietetics, podiatry, social work and aboriginal liaison officers. EFT of 7 physiotherapists and 1 physiotherapy assistant and the rotations include:<ul style="list-style-type: none">▪ Medical ward/rapid assessment and discharge/maternity cover▪ Paediatrics/ICU/HDU▪ Surgical ward▪ ED/outpatients (outpatients closed sometimes due to staff shortage)▪ Renal/rehab in the home (including pulmonary rehab)/general helper▪ Basic accommodation supplied by the hospital in the nurse's quarters.▪ Flights paid for in and out.▪ You will take 1 week of acquired annual leave and 3 ADOs whilst in Alice and have the opportunity to do many trips around the beautiful red centre including visiting Uluru, King's Cannon and the MacDonnell ranges.	<p>(08) 8951-7777 pager 406</p>	<p>Jim Sayer Physiotherapy Acute Services Manager Ext 63455</p>
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