Recent evidence suggests potential long-term complications and prolonged recovery occur in a percentage of patients. The recommended follow-up is provided below:

1. For recovered patients, arrange face-to-face post-COVID-19 consultation as soon as convenient.

2. Take a history to assess ongoing symptoms:
   - Cardiac – breathlessness, fatigue, palpitations
   - Respiratory – breathlessness, cough
   - Thrombosis – leg swelling, pain, and tenderness
   - Psycho-social assessment
   - General – fatigue, difficulty concentrating, muscle aches and pains

3. Perform examination – assess vital signs and weight.

4. Consider investigations:
   - Lung function testing
   - ECG/cardiac echo
   - Routine bloods including inflammatory markers, D-Dimer
   - Doppler compression ultrasound of affected leg if suspicious of DVT

*South Eastern Melbourne COVID-19 Primary Care Management pathway*