

## Dishing Up Support for Palliative Care

Disha's third annual fundraising event has raised \$12,000 for The Alfred and was filled with a flavour of the Latin variety when the Rhythm of the Night ball was held at Hilton on the Park on Saturday 20 September.

Meaning "direction to hope", Disha plays an active part in fundraising for the community and the ball was held to raise funds jointly for ovarian cancer at the Royal Women's Hospital, and The Alfred's Palliative Care Unit.

The night kicked off with a pan flute troupe and Chinese drumming group, which set the night up for a multicultural experience. Guests were also treated to a Latin dance routine, a performance by a Bollywood dance troupe and an African percussion group gave guests an interactive experience when they planted instruments under each table to be used in the 10-minute shaking and tapping extravaganza.

Disha's involvement with The Alfred can be traced back to organiser Tara Chandramouli, whose affiliation began when her brother was treated at The Alfred's Palliative Care Unit.

The ball raised funds via auctions, door prizes and raffles, and the proceeds will enable the Palliative Care Unit to purchase syringe driver portable infusion pumps, which are used to facilitate effective pain and symptom control.



*The Disha team at the Rhythm of the Night ball*