

Guideline Title: DRESS CODE (NURSING)

Campus:	Bayside Health	Control No.:	BH0507
Category:	Non clinical	Related Policy No.:	
Responsibility for Review:	Chief Nursing Officer	Rev.:	001
Date Approved:	May 2007	Review Date:	May 2010

GUIDELINES

This guideline should be read in conjunction with the Non Compulsory Corporate Uniform Policy.

PURPOSE

The purpose of this guideline is to maintain standards related to safety and professional appearance, which are required of all registered nurses employed at Bayside Health.

EXPECTED OUTCOME

Nurses working at Bayside Health project a professional appearance.

The registered nurse is readily identified through wearing of the hospital's identification badge, clearly visible above the waist, and by neat, professional appearance.

The dress code reflects Infection Control and Occupational Health & Safety standards.

GUIDELINES

Context of Care

- There is a need to be mindful of patients' cultural and religious sensitivities.
- The context of where the care is delivered eg in-patient care or in the community, will influence the style of dress that is appropriate for that environment.
- Nurses involved in direct patient care need to consider infection control and patient safety measures.

Safety

- Free movement is possible in order to undertake patient care, eg manual handling activities
- There are no attachments on clothing that can become caught on intravenous lines or other equipment.
- The clothing fabric is easily cleaned and maintained.
- Footwear must be non-slip and encased (clinical areas).

Professional Appearance

1. Corporate Uniform

Staff may choose clothing from the NNT range, in the Bayside Health-approved styles and colours (black, white, pink and charcoal grey). Shoes **MUST** be black non-slip and closed.

2. Personal Clothing

Alternatively, staff may choose to supply their own clothing in accordance with the options as outlined below:

- Black, tailored knee length skirt
- Black ankle length trousers
- Black knee length shorts
- Tailored blouse or fitted shirt with sleeves and collar in plain white, pink or charcoal grey (NB: a bare midriff is unacceptable)
- Long-sleeved or sleeveless plain black polar fleece jacket
- Plain knitted charcoal grey sleeveless vest or jumper
- Plain black tailored jacket/blazer
- Non-slip, closed black shoes.

3. Scrubs

Hospital Supplied Scrubs

- Navy blue hospital scrubs are provided for staff in Operating Suite and Procedural Suite only.
- Light blue hospital scrubs are provided for staff in Emergency & Trauma Centre, Cardiac Cath Labs, Radiology, ICU, Hyperbaric and for 6W staff when caring for complex burns patients/dressings.

Externally Purchased Scrubs

Scrubs may be purchased to be worn in these clinical areas and scenarios as described above as follows:

- Navy blue scrubs with hospital logo on all items (tax deductible)
- Preferred Supplier: Care Essentials Pty Ltd, Unit 62, 170 Forster Road, Mt Waverley VIC 3149 Phone: +61 3 9562 7713 Fax : +61 3 9562 7714
- Non slip closed white or black shoes.

Bayside Health Corporate Uniform (Tax Deductible):

Clinical nurses need to wear items from the above range of clothing, either purchased privately or through an external supplier. Items purchased from the NNT Bayside Health-approved range are eligible for personal taxation claims as per ATO guidelines and regulations.

Scrubs with the hospital logo purchased from Care Essentials for approved clinical areas or scenarios (see above) are also eligible for personal taxation claims.

In order to be able to make a claim for tax deductions, all items from the approved range must be worn together. Clothes purchased and claimed as a tax deduction cannot be worn with other clothes.

The Bayside Health corporate nursing uniform items **MUST** have the logo relevant for the site, ie The Alfred, Caulfield General Medical Centre or Sandringham & District Memorial Hospital.

Jewellery

Any jewellery worn must not interfere with staff or patient safety.

- Jewellery and wrist watches should be minimal, and removed to facilitate hand washing.
- Flat plain rings (eg wedding bands) and small earrings are acceptable.
- Jewellery worn in facial areas should be kept to a minimum.

Hair

- Hair should be clean and, if long, tied back so as not to interfere with patient care.
- Facial hair must be trimmed and kept clean.

Other Important Points to Note

- The hospital ID badge **MUST** be worn, as described above, at all times and both first and last names and title must be clearly visible.
- No casual or sports wear such as t-shirts, cargo pants or denim is to be worn.
- The hospital does not require registered nurses to wear a uniform.

Implementation

This dress code will be implemented through 2007.

- New staff will be expected to comply with the dress code from commencement of employment.
- Existing staff will be expected to comply by January 2008.

RELATED DOCUMENTATION

Non Compulsory Corporate Uniform Policy

[Intranet](#)

REFERENCES

NNT Uniforms <http://www.nnt.com.au/catalogue23.html>

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