

## REFERRAL PROCESS

**Alfred**Health

### Enquiries and Referrals

Please contact MATS Allied Health Service:

#### Occupational Therapist

9076-6560      Pager 4755

#### Social Worker

9076-6559      Pager 5404

#### Physiotherapist

9076-6560      Pager 5233

#### Dietitian

9076-6558      Pager 4089

**MATS Allied Health**

**Monday - Friday**

**Freecall: 1800 007 656**

**Fax: (03) 9076-5013**

**MATS  
Allied Health**

**Interdisciplinary  
Assessment Service**

**Ph: 1800 007 656**

**Fax: 9076 5013**

**The Alfred, P.O. Box 315 Prahran, 3181**

**Phone: 1800 007 656 Fax: 9076 5013**

**Hospital Admission Risk Program  
(HARP)**

**MATS Stream**

## ABOUT THE SERVICE

MATS Allied Health is an interdisciplinary team within the HARP Mobile Assessment and Treatment Service stream.

The MATS AH service aims to help create a seamless transition from hospital to home and prevent avoidable representation to Alfred Health. The service addresses the short term/acute functional and social needs of the clients, by providing short term allied health services including social work, physiotherapy, occupational therapy and dietetic assessment and intervention.

The MATS Allied Health staff includes:

- Physiotherapist
- Occupational Therapist
- Social Worker
- Dietitian

Staff use an interdisciplinary approach to community based assessment as well as draw on their discipline specific expertise.

## HOW CAN MATS Allied Health HELP?

As part of the HARP MATS Stream, allied health clinicians have access to the:

- Geriatrician
- Medical Registrars
- Nurse Clinicians

Once a client has been accepted into the MATS AH service, the following may be offered on a case - by - case basis:

- Respite
- Home Help
- Personal care
- Equipment

The MATS allied health clinicians will assess the client's ongoing needs and make appropriate referrals, with the client's consent.

## ELIGIBILITY

### The MATS Allied Health client:

- Resides in Alfred Health catchment
- Has had at least two avoidable hospital presentations or admissions in the past 12 months
- Is frail/older, and has limited or no existing support in the community
- Has chronic or complex medical and/or social issues
- Requires short term services by allied health clinicians
- Has longer term plans in place, if appropriate
- Consents to participation

### Exclusion criteria

- Clients who are acutely medically or psychiatrically unwell
- Only requirement is brokerage funding